

Families and Carers as Partners in Mental Health Services Learning and Sharing Session

Tuesday 29 September 2026

1.30pm – 3.00pm via MS Teams

Join us for an engaging learning and sharing session exploring the vital role of families and carers as partners in supporting people experiencing mental ill health.

What will we explore?

- 📅 Bring together both clinical expertise and lived experience perspectives
- 📅 Examine how collaborative, culturally responsive approaches can strengthen relationships, build trust and improve outcomes for individuals accessing mental health services

Through shared learning and discussion, we will reflect on how services can work alongside families and carers in meaningful and inclusive ways, recognising the unique value that each partner brings to a person's recovery and wellbeing.



Who should attend?

Whatever your role, working alongside people with mental ill health across the health and social care sectors or third-sector organisations, this webinar offers an opportunity to explore best practice and consider how we can work together to deliver more person-centred and effective mental health support.

**Registration
Form**

Contact us by email:
Nes.carers@nhs.scot



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