

<u>Week</u>	<u>Session</u>	<u>Tuesday: 10am - 2:30pm</u>	<u>Thursday 10am - 2:30pm</u>
Week 1 - Sept 1st & 3rd	AM	Induction & Tour + Icebreakers	Qualifications Scotland Preparation for Employment: First Steps
	PM	Physical Activity & Teambuilding	Physical Activity & Teambuilding
Week 2 - Sept 8th & 10th	AM	Qualifications Scotland Preparation for Employment: First Steps	Fire Station Visit (SFRS Centre)
	PM	Physical Activity & Teambuilding	Physical Activity & Teambuilding
Week 3 - Sept 15th & 17th	AM	Qualifications Scotland Preparation for Employment: First Steps	Skills Development Scotland - Career Guidance session
	PM	Physical Activity & Teambuilding	Physical Activity & Teambuilding
Week 4 - Sept 22nd & 24th	AM	Qualifications Scotland Building Employability Skills	NHS Healthy Living Session
	PM	Physical Activity & Teambuilding	Physical Activity & Teambuilding
Week 5 - Sept 29th & Oct 1st	AM	YGAM - Interactive Teambuilding Session	Police Scotland: ASB Session
	PM	Physical Activity & Teambuilding	Physical Activity & Teambuilding
Week 6 - Oct 6th & 8th	AM	First Aid at Work course	First Aid at Work course
	PM	Physical Activity & Teambuilding	Physical Activity & Teambuilding
Week 7 - Oct 13th & 15th	AM	Mental Health Awareness course	Mental Health Awareness course
	PM	Physical Activity & Teambuilding	Physical Activity & Teambuilding
Week 8 - Oct 20th & 22nd	AM	Qualifications Scotland Building Employability Skills	Mock Interviews (Local Employer)
	PM	Physical Activity & Teambuilding	Physical Activity & Teambuilding
Week 9 - Oct 27th & 29th	AM	Qualifications Scotland Building Employability Skills	Volunteering Project Planning
	PM	Physical Activity & Teambuilding	Physical Activity & Teambuilding
Week 10 - Nov 3rd & 5th	AM	Qualifications Scotland Responsibilities of Employment	Volunteering Project Delivery
	PM	Physical Activity & Teambuilding	Physical Activity & Teambuilding
Week 11 - Nov 10th & 12th	AM	Qualifications Scotland Responsibilities of Employment	Volunteering Project Review
	PM	Physical Activity & Teambuilding	Physical Activity & Teambuilding
Week 12 - Nov 17th & 19th	AM	Qualifications Scotland Responsibilities of Employment	Project Feedback and Data Collection Session
	PM	Qualifications Scotland Catch-Up Work	Graduation & Celebration