



FALKIRK COMMUNITIES MENTAL
HEALTH & WELLBEING FUND

FUND GUIDANCE





What is it?

The Falkirk Communities Mental Health and Wellbeing (CMHWP) Fund aims to support community-based projects and initiatives to help address local mental health and wellbeing needs for adults across Falkirk communities.

Managed and distributed by CVS Falkirk & District, the Fund has a strong focus on **prevention and early intervention** and aims to support local activities tackling mental health inequalities and addressing priority issues of **social isolation and loneliness, suicide prevention and tackling poverty and inequality** with an emphasis on responding to the ongoing cost of living crisis and on those facing socioeconomic disadvantage.



How much is it?

With approximately £130,000 available, there are three grant types you can apply for:

- **Small:** Up to £2000 for un-constituted groups, otherwise up to £5000
- **Medium:** Up to £10,000
- **Large:** Up to £25,000

Please note you can only make **one application** per group or organisation across any of the grant levels (small/medium/large). If you received a grant offer letter for two year funding in the previous round, you cannot apply to this round.



The Timeline

The Fund will open for applications for all sizes of grants on Tuesday 1 September 2026 – and all applications must be submitted by 1pm on Tuesday 13 October 2026.

CVS Falkirk & District must distribute funds for 2027/28 to successful applicants before Tuesday 31 March 2027. Based on applicant feedback from previous years, we anticipate decisions will be shared in December 2026 with grants being paid in January 2027.

To stay updated about Fund activity, ensure you are signed up for our weekly [e-bulletin](#).



Can I apply?

Eligible organisations include:

- Scottish Charitable Incorporated Organisations (SCIO)
- Unincorporated Association
- Companies Limited by Guarantee
- Trust
- Not-for-profit company or asset locked company or Community Interest Company (CIC)
- Cooperative and Community Benefit Society
- Community Council
- Parent Council

Please note:

Un-constituted groups are eligible to apply, although the way you manage your award, if successful, may look a little different. For more information, please contact us by email: info@cvsfalkirk.org.uk



CAN BE FUNDED	CANNOT BE FUNDED
Equipment	Contingency costs, loans, endowments or interest
Staff costs	Electricity generation and feed-in tariff payment
Volunteer expenses	Political or religious campaigning
Event costs, hall/venue hire	Profit-making or fundraising activities
Training costs	VAT you can reclaim
Transport	Statutory activities
Utilities and running costs*	Overseas travel
Small capital costs**	Alcohol

What can we apply for?

If you are thinking of applying for funding for clinical treatments such as CBT or counselling please get in touch to discuss how the Fund could support these activities.



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WITH CVS FALKIRK & DISTRICT



How do we apply?

To make the process of applying for funding easier for local groups and organisations, CVS Falkirk & District have developed a bespoke online grant funding portal. The portal will allow you to complete and manage your applications from a simple online dashboard, we will give you a quick online ‘tour’ of this now but if you need further support to register with or to use the portal please let us know.



<https://support.cvsfalkirk.org.uk/grant-programmes/>



Find Out More

- **Funding Officer Network:** [10am – 11am on Wednesday 12 August \(online via MS Teams\).](#)
- **Fund information sessions** to be held on Tuesday 01 and Wednesday 02 September 2026 (hybrid).
Times to be confirmed.
- In the meantime:
 - ✓ Make sure you are signed up to receive our **weekly e-bulletin** (sign up via our [website](#)).
 - ✓ Create your account on our [Grant Funding Portal](#) and explore what other fund(s) we have available.



Could You Help Shape Funding in Falkirk?

- **Become a Community Grants Panel Member!**
- We're looking for people from across the third sector to join the **Falkirk Communities Mental Health & Wellbeing Fund (CMHWP) Grants Panel**.
- As a panel member, you'll help:
 - Review funding applications from local organisations.
 - Bring your knowledge of Falkirk's communities and mental health & wellbeing needs.
 - Take part in fair, transparent funding decisions.
 - Ensure funding reaches projects that will make the greatest difference.



Could You Help Shape Funding in Falkirk? (Cont'd)

We're looking for people who:

- ✓ Have an interest in community mental health and wellbeing.
 - ✓ Can consider applications fairly and objectively.
 - ✓ Can commit time to reviewing applications and attending panel meetings.
 - ✓ Want to support stronger, healthier communities across Falkirk.
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- **Yes, your organisation can still apply for the Fund.** Robust conflict of interest procedures are in place to ensure panel members do not assess or take part in decisions on applications where they have an interest.
 - **Interested?** Speak to a member of the CVS Falkirk & District team today or contact us after the meeting to find out more.

CVS Falkirk & District is a Company Limited by Guarantee in Scotland, No. SC085838 Charity No. SC000312

Contact Us



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