

# Creating Hope Together Community Charter

———— May 2025 ————



Evoking the values and principles required for mentally healthy, suicide-safer communities, that are inclusive, caring, and compassionate, to thrive.





# CREATING HOPE TOGETHER CHARTER

## DENNY & BONNYBRIDGE CHARTER STATEMENTS



### Suicide prevention and mental health support is everyone's business.

On Friday 9 May 2025, members of the Denny, Bonnybridge, and wider Falkirk District communities gathered at Dennyloanhead Community Hall for a day of discussion, and training focused on mental health and suicide prevention.

Together, they created a shared charter of values and commitments—outlining how they will support the development of mentally healthier, suicide-safer communities. The charter also sets out what they will encourage others and local services to do, amplifying their voices to inspire wider change.

### VALUE STATEMENTS

#### WE VALUE:

- Honesty
- Kindness
- Compassion
- Transparency
- Trust
- Psychological safety

#### WE BELIEVE:

- In change
- All equal
- Diversity
- In worth
- In rights
- Everyone matters

#### WE COMMIT:

- Ourselves
- Our time
- Improving
- Being open
- Governance

#### WE WILL:

- Embrace feedback
- Raise awareness
- Fundraising
- Be inclusive

### CHARTER COMMITMENTS

#### WE VALUE:

- We value everyone as an individual and will work together to improve lives in this community.
- We will value everybody's voice.
- Everyone is valued and respected.

#### WE BELIEVE:

- We believe every suicide is preventable and commit to supporting every person in mental health crisis.
- We believe that we will be approachable to the community we serve.
- Together, we are open and sympathetic.

#### WE COMMIT:

- We commit to empowering the women we support to be the best version of themselves.
- We are committed to making positive change.
- We commit to being inclusive and committed to creating a change.
- We are committed to offering a safe space to talk.

#### WE WILL:

- We will continue to support Denny and Bonnybridge communities and third sector groups to grow, thrive, and be aware of opportunities where they can have their voice heard across mental health and wellbeing planning.
- We will support our community to be more knowledgeable, open, aware and caring to those who are experiencing poor mental health.
- We will treat everyone as individuals, support them to be empowered in their decisions, and respect their views and rights to privacy.
- We will offer compassion and time to talk.



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