



**FALKIRK COMMUNITIES MENTAL
HEALTH & WELLBEING FUND**



Scottish Government
Riaghaltas na h-Alba
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FUND GUIDANCE



**Falkirk Communities
Mental Health and
Wellbeing Fund
Round 4**

What is it?

The Falkirk Communities Mental Health and Wellbeing (CMHW) Fund aims to support community-based projects and initiatives to help address local mental health and wellbeing needs for adults across Falkirk communities.

The Fund has a strong focus on **prevention and early intervention** and aims to support local activities tackling mental health inequalities and addressing priority issues of **social isolation and loneliness, suicide prevention and tackling poverty and inequality** with an emphasis on responding to the ongoing cost of living crisis and on those facing socioeconomic disadvantage.

FUND OVERVIEW:

In Falkirk, there are THREE grant types:

- **Small Grants**
- **Medium Grants**
- **Large Grants**

How much is it?

There are 3 grant types you can apply for:

- **Small:** Up to £2000 for unconstituted groups, otherwise up to £5000
- **Medium:** Up to £10,000
- **Large:** Up to £25,000

Please note you can only make **one application** per group or organisation across any of the 3 grant levels (small/medium/large).

What's the timeline?

The Fund opened for applications for all sizes of grants on Wednesday 25 September 2024 – and all applications must be submitted by 5pm on Wednesday 6 November 2024.

If successful, the funding will be distributed by Monday 31 March 2025 – and must be spent by Tuesday 31 March 2026, with reporting requirements throughout.

if you're not already signed up for our [ebulletin](#), let us know, as this is the quickest and easiest way to receive updates about Fund activity!

Can we apply?

You can apply if you are a:

- Scottish Charitable Incorporated Organisations (SCIO)
- Unincorporated Association
- Companies Limited by Guarantee
- Trust
- Not-for-profit company or asset locked company or Community Interest Company (CIC)
- Cooperative and Community Benefit Society
- Community Council
- Parent Council

Can I apply as an unconstituted group?

If you are an unconstituted group, there are still opportunities for you to apply and access the Fund!

The way you manage your award, if successful, may look a little different but we encourage you to get in touch with us for support and more information.

Please contact us for further information by email:

info@cvsfalkirk.org.uk

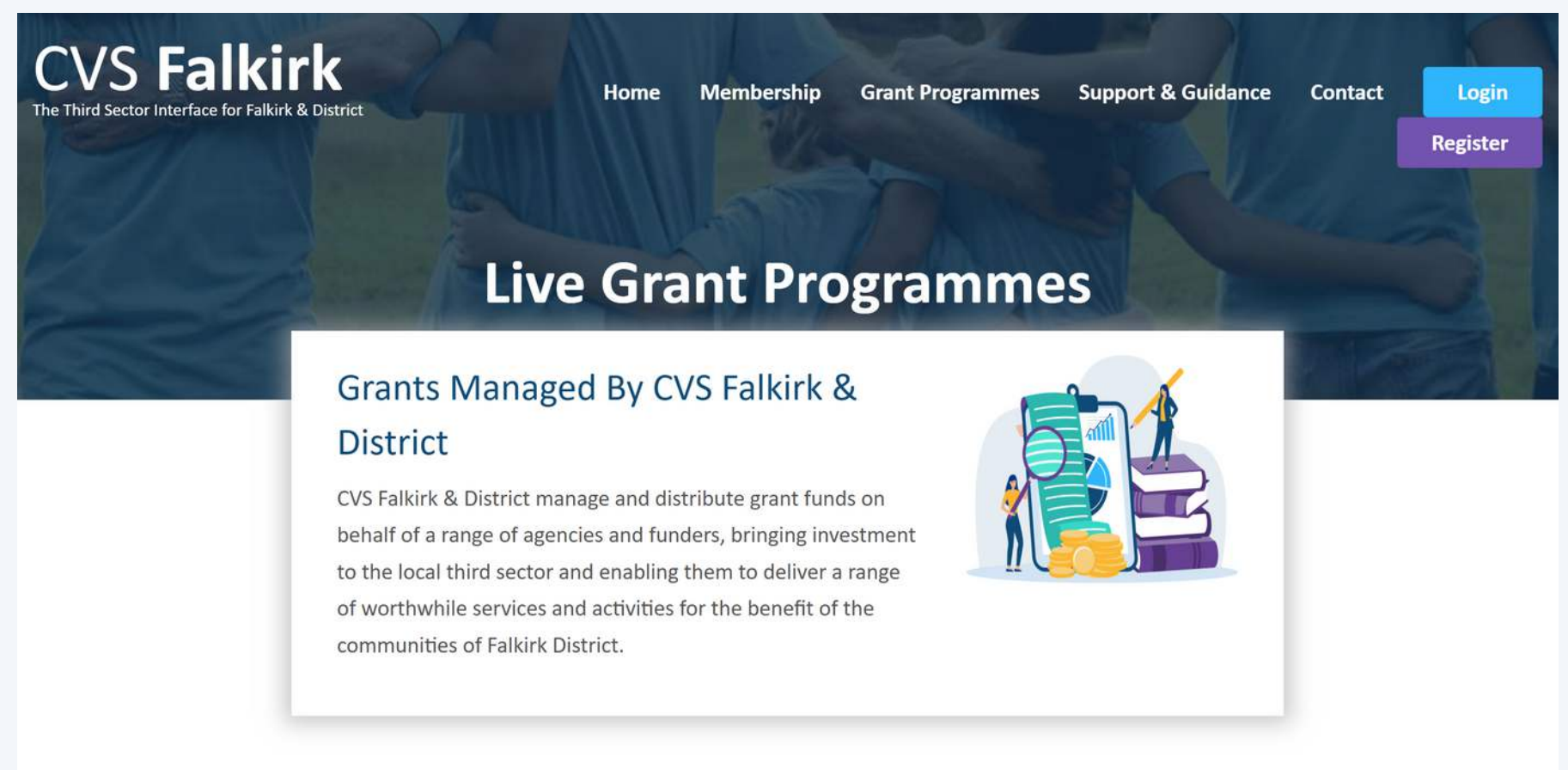
WE WILL FUND	WE CANNOT FUND
<p>Equipment</p> <p>One-off events and hall hire for community spaces</p> <p>Small capital costs</p> <p>Staff costs</p> <p>Training costs</p> <p>Transport</p> <p>Utilities and running costs (where proportionate and in relation to funded project delivery, if successful)</p> <p>Volunteer expenses</p>	<p>Contingency costs, loans, endowments or interest</p> <p>Electricity generation and feed-in tariff payment</p> <p>Political or religious campaigning</p> <p>Profit-making or fundraising activities</p> <p>VAT you can reclaim</p> <p>Statutory activities</p> <p>Overseas travel</p> <p>Alcohol</p>

What can we apply for?

If you are thinking of applying for funding for clinical treatments such as CBT or counselling please get in touch to discuss how the Fund could support these activities.

How do we apply?

To make the process of applying for funding easier for local groups and organisations, CVS Falkirk & District have developed a bespoke online grant funding portal. The portal will allow you to complete and manage your applications from a simple online dashboard, we will give you a quick online ‘tour’ of this now but if you need further support to register with or to use the portal please let us know.



<https://support.cvsfalkirk.org.uk/grant-programmes/>



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