

2024

Dementia Information Sessions

Monthly at The Carers Centre or via Zoom

Tuesdays 10.30 am – 12.30 pm

For these sessions, you have a choice of attending online on Zoom or in person at the Carers Centre, 1A Bank Street, Falkirk FK1 1NB.

If you are a carer and would like to attend any of these sessions, please contact Donna Mulder to book a place– see contact details below

30 January 2024

Dementia – Middle Stage Dementia

The middle stages of Alzheimer's are typically the longest and can last for many years. As dementia progresses, the person with Alzheimer's will require a greater level of care. During this time, it's important to get the support you need as a carer. Come along to find out more.

27 February 2024

Dementia and Sensory Changes – Part 1

It is important to learn the common signs of sensory changes for those with dementia and how this can affect their daily life. We will look at this over two sessions. In session one we will consider how changes to **vision, hearing and touch** can have an impact on the way your loved one may experience the world.

26 March 2024

Dementia and Sensory Changes – Part 2

In this session we will consider how changes to **taste and smell**, position sense and balance can have an impact on the way your loved one may experience the world.

To book a place or for further information, please contact

Donna Mulder **Training Co-ordinator**

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Principle funders

