

**CVS Falkirk Third Sector Health and Wellbeing Forum
Wednesday 13 December 2023, 10am-12pm
CVS Falkirk Zoom Meeting**

Agenda

1. Welcome and Apologies
2. Previous Minutes and Action Tracker
3. The Importance of Physical Activity – Scott Burton (NHS Forth Valley)
4. Enjoy Life Locally (ELLY) project – Dr Rhonda Archibald (NHS Forth Valley) and Scott Findlay (Glasgow Caledonian University):
 - a. Review of research findings
 - b. Next steps
5. NHS Forth Valley Bereavement Support – Janet Hamill and Liz Macmillan (NHS Forth Valley)
6. CVS Falkirk & District updates
7. AOB

Date of Next Meeting: Wednesday 6th March 2024