



Let's Be Heard

20 September 2023

Health and Wellbeing Forum

The Scottish COVID-19 Inquiry

Aims

Establish facts

Learn lessons

Scope

Terms of
Reference

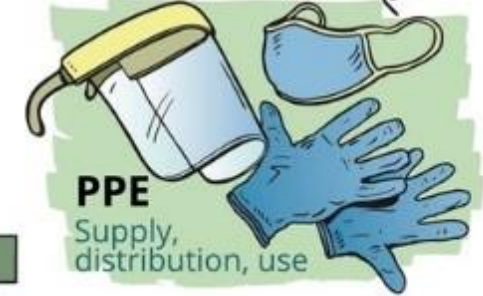
Scottish Matters

Remit

Human Rights
based approach

Unequal
impacts

The Scottish COVID-19 Inquiry is investigating:



Let's Be Heard - Aims



Timeline



- **Pilot**
 - Phase 1** – Nov/Dec 2022
 - Phase 2** – Feb/March 2023
- **National Engagement Activities:** 23 May 2023 – Autumn 2023
- **Focused Engagement Activities:** Winter 2023/24 onwards

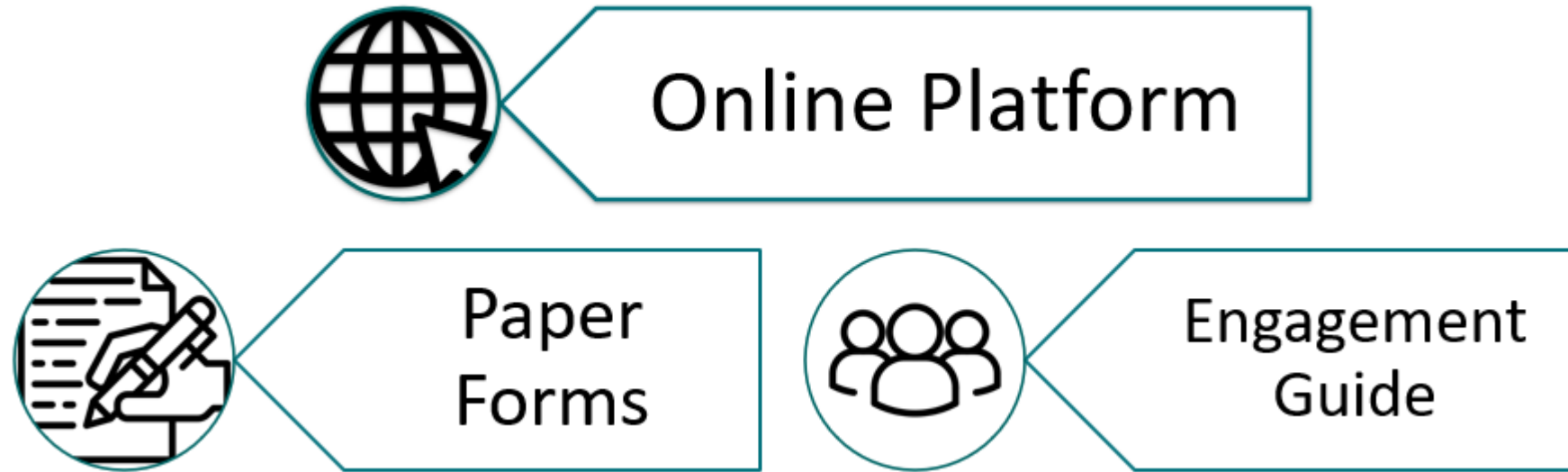
Core Engagement Questions

1. What were your experiences during the COVID-19 pandemic?

2. What were the impacts of these experiences on you or the people you know?

3. What lessons do you think people could learn from your experiences?

National Engagement Approach




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- Organisational outreach
 - Phone and email participation support
 - National public awareness campaign
 - Dissemination to community settings



Let's Be Heard -Resources


Let's Be Heard | Sharing Scotland's COVID Experience | <https://lbh.covid19inquiry.scot>



Share your experiences with us

Here are our forms and guidance, including video with BSL translation


[Find out more](#)



Share your experiences - Easy Read

Our information and a form in Easy Read


[Find out more](#)



Children and young people


Our information and form for children and young people

[Find out more](#)




Group discussions

Resources for third sector, community groups and others to



Share a report

Here you can share existing reports about experiences of the




Translations

Our forms and guides translated into Urdu, Punjabi, Simplified

Let's Be Heard: Sharing Scotland's COVID Experience

Response Form



About Let's Be Heard: Sharing Scotland's COVID Experience

Let's Be Heard is the main way for people in Scotland to participate in the independent Scottish COVID-19 Inquiry by sharing their experience(s) of the pandemic. You can use this form to tell us about the events you experienced in Scotland during the first three years of the pandemic. You can also submit this form on behalf of someone else.

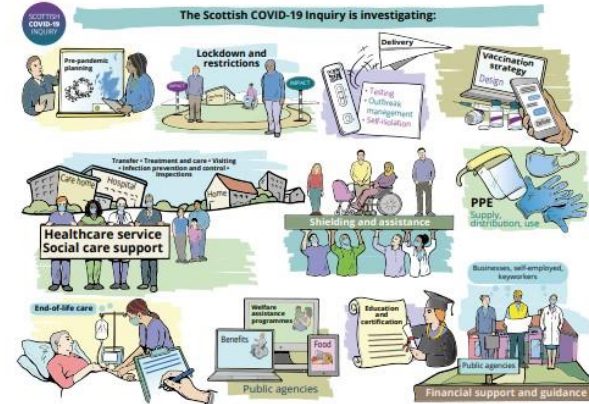
The information you share will help the Inquiry understand how you were affected, and any lessons Scotland needs to learn so we are better prepared for any future pandemic.

About the Scottish COVID-19 Inquiry

The Scottish COVID-19 Inquiry is investigating a range of issues relating to the COVID-19 pandemic that happened in Scotland between 1 January 2020 and 31 December 2022. The Inquiry has a broad remit that covers different topics, as set out in its Terms of Reference, which can be found at covid19inquiry.scot/terms-reference

Information received through Let's Be Heard will help steer investigations, and inform the Inquiry's reports and recommendations.

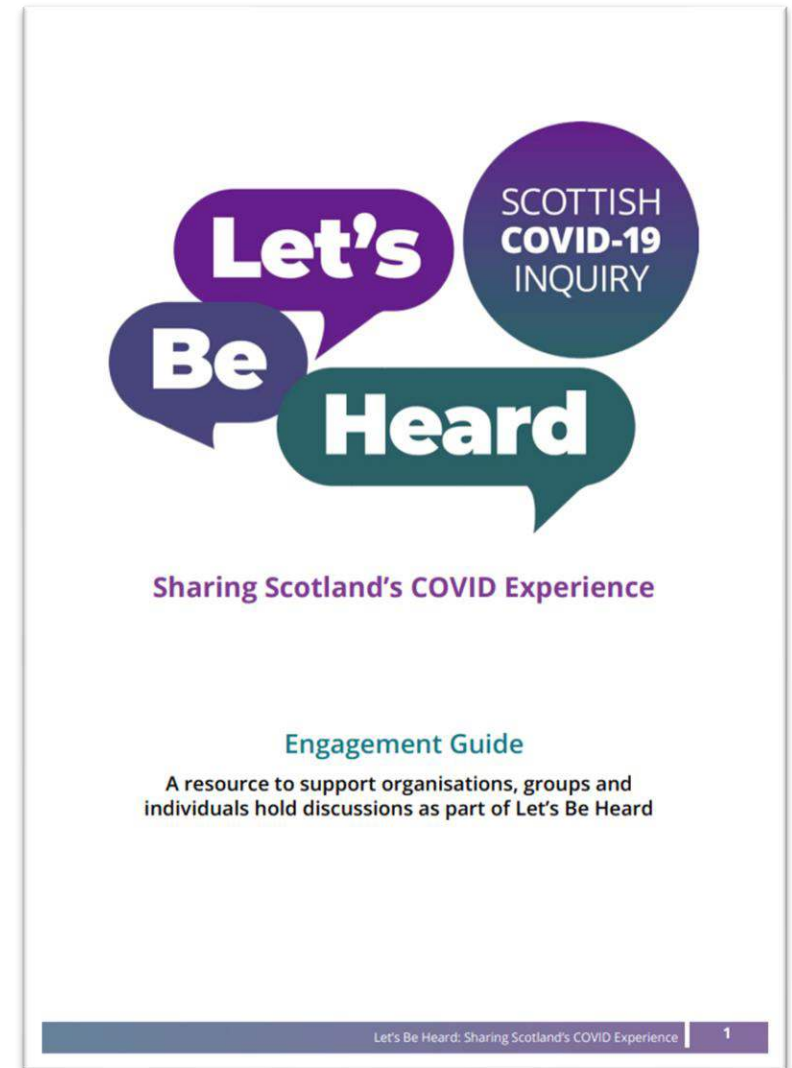
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Let's Be Heard: Sharing Scotland's COVID Experience | 1

Engagement Guide

- Anyone can form a group
 - Guide aimed at people leading discussions and submitting responses
 - Provides information on how to host a discussion as part of Let's Be Heard and the support we can offer
- Additional resources available:
 - Let's Be Heard participant info sheet
 - Videos on Let's Be Heard and the questions we are asking
 - COVID-19 key developments diagram
 - Help and support services
 - Group discussion summary template
 - Individual equalities form



Thank you

Email:

LetsBeHeard@covid19Inquiry.scot

Online platform:

<https://lbh.covid19inquiry.scot>