



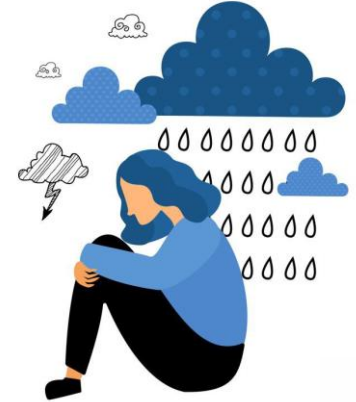
# Falkirk Communities Mental Health and Wellbeing Fund for Adults

Fund Information and Guidance



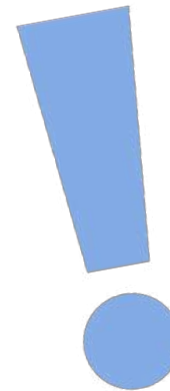
# What Is It?

The Falkirk Communities Mental Health and Wellbeing (CMHW) Fund for Adults aims to support community-based projects and initiatives to help address local mental health and wellbeing needs for adults across Falkirk communities.



This includes issues caused by social isolation and loneliness, suicide prevention, connecting with others, and mental health inequalities made worse by the COVID-19 pandemic.

In Falkirk, there are 3 grant types:



- Small Grants
- Medium Grants
- Large Grants



# How Much Is It?

- Small Grants: up to £2,000 for unconstituted groups; up to £5,000 for constituted groups
- Medium Grants: up to £10,000
- Large Grants: up to £25,000

( We expect to award 4 Large Grants, but this may vary depending on the number of applications we receive. )



! Please note you can only make **one application** per group or organisation across any of the 3 grant levels (small/medium/large).



# What's the Timeline?



The Fund will open for applications for all sizes of grants on Friday 22<sup>nd</sup> September – if you're not already signed up for our e-bulletin, let us know, as this is the quickest and easiest way to receive updates about Fund activity!

All applications must be received by **12pm on Friday 3<sup>rd</sup> November 2023**. If successful, the funding will be distributed by **Sunday 31<sup>st</sup> March 2024** and must be spent by **Monday 31<sup>st</sup> March 2025**, with reporting requirements throughout.

# Can We Apply?

You can apply if you are a:

- Scottish Charitable Incorporated Organisations (SCIO)
- Unincorporated Association
- Companies Limited by Guarantee
- Trust
- Not-for-profit company or asset locked company or Community Interest Company (CIC)
- Cooperative and Community Benefit Society
- Community Council
- Parent Council





# Can We Apply?

If you are an **unconstituted group**, there are still opportunities for you to apply and access the Fund!



Please contact us for further information by email: [info@cvsfalkirk.org.uk](mailto:info@cvsfalkirk.org.uk)



# What Can We Apply For?

We WILL fund	We CANNOT fund
Equipment	Contingency costs, loans, endowments or interest
One-off events and hall hire for community spaces	Electricity generation and feed-in tariff payment
Small capital costs, up to £5,000	Political or religious campaigning
Staff costs (one off or fixed term)	Profit-making or fundraising activities
Training costs	VAT you can reclaim
Transport	Statutory activities
Utilities and running costs	Overseas travel
Volunteer expenses	Alcohol
Helping people stay safe (e.g. PPE for small gatherings or group activities)	



**The Fund can be used for specific clinical treatment services, such as counselling, or CBT, but only when certain other conditions are met.**





# Additional Fund Requirements



- Fair Work First

Scottish Government's [Fair Work First guidance](#) states that groups or organisations who receive any public sector grants, contracts or other funding from Saturday 1<sup>st</sup> July 2023, **MUST** pay all staff the Real Living Wage. **This requirement DOES now apply to this Fund's successful applicants.**

*"All UK-based staff aged 16 and over, including apprentices, who are directly employed by the grant recipient, must be paid at least the Real Living Wage; and any UK-based workers who are not directly employed but are directly engaged in delivering the grant-funded activity, whether they be sub-contractors or agency staff, must also be paid the Real Living Wage." – Scottish Government, 2023*

- ALISS Directory

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In addition, all successful applicants must add their funded project, service or activity to the [ALISS directory](#), as well as to any active local directories.


ALISS is a national directory that allows people to search for the health and wellbeing supports available to them in their local area. Please note if the project, service or activity ceases to be delivered after the Fund ends, the applicant must also remove the information from ALISS so the information available remains accurate and current.



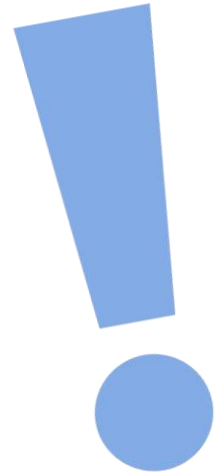
# Additional Fund Requirements

## We Can Help!

If you're concerned about these additional requirements, please speak to Lynsey as early as possible:

 07917006943

 [lynsey.hansford@cvsfalkirk.org.uk](mailto:lynsey.hansford@cvsfalkirk.org.uk)



## Social Media



If your application is successful, a condition of your grant letter is that you **MUST** post about receiving the grant on your social media (if you have it).

If you aren't comfortable with social media, we can help with that too! Just contact Laura by email: [laura@cvsfalkirk.org.uk](mailto:laura@cvsfalkirk.org.uk)



# How Do We Apply?

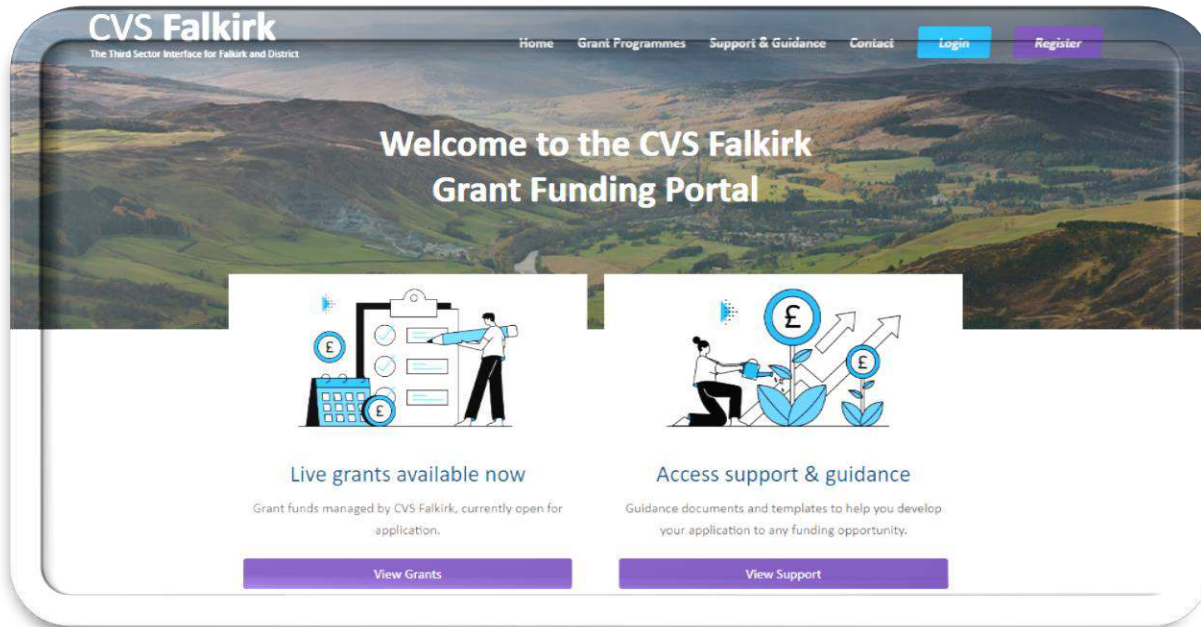
To make the process of applying for funding easier for local groups and organisations, CVS Falkirk have developed a bespoke online **Grant Funding Portal (GFP)**.

The portal will allow you to complete and manage your applications from a simple online dashboard and we are delighted to share it with you today!



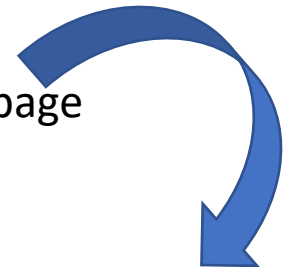
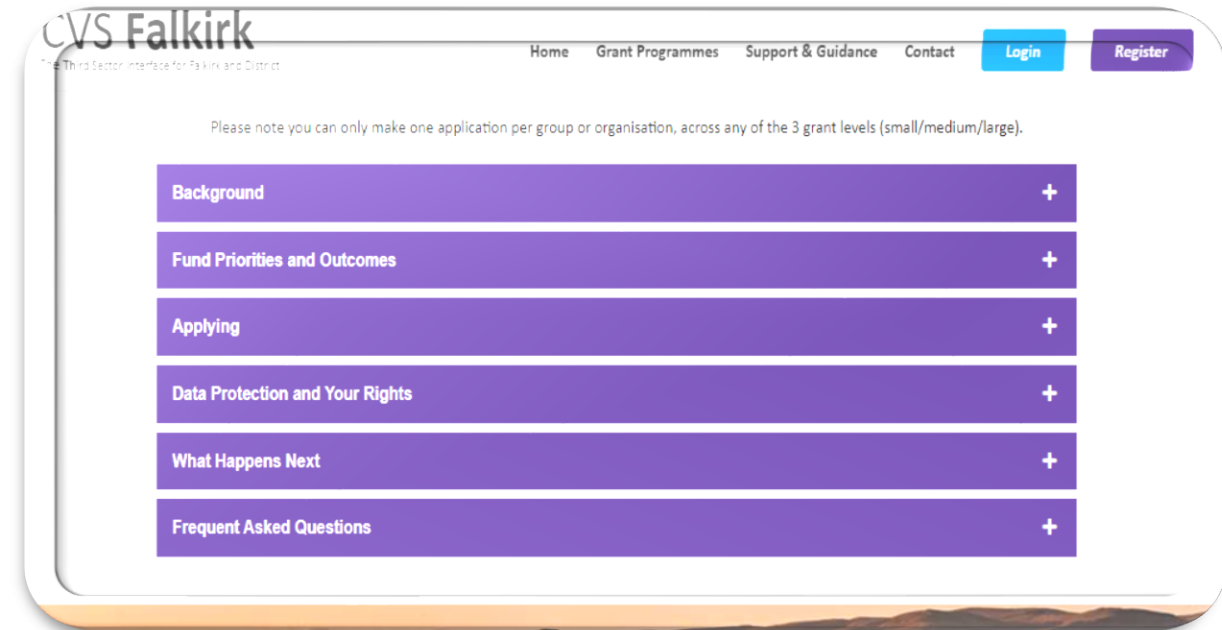
# Grant Funding Portal (GFP)

<https://gfp.cvsfalkirk.org.uk>



 GFP homepage

CMHW Fund application page





## Contact:

 01324 692000

 [info@cvsfalkirk.org.uk](mailto:info@cvsfalkirk.org.uk)