



Falkirk Voluntary Sector Children Services Forum

Updates for the August Meeting





Falkirk Children's Services Planning Partnership

Children in Falkirk will grow up loved, safe and respected so they can realise their full potential.



Falkirk Children Service Planning Partnership Staff Handbook

Integrated Children Services Plan 2023-2026



Grangemouth Place- Based Approach Test Of Change

Place-based Approach to Improving Family Health and Wellbeing

Where – test of change based around Rannoch Early Years Centre

Aims:

Phase 1 – introduce services to support whole family health and wellbeing for families at Rannoch Early Years Centre

Phase 2 – working with families at Rannoch extend test of change based on their needs

Phase 3 – build communities around this by further extending



Our Draft Action Plan

Action	What	Baseline Data
1.	Healthy Eating NHS Nutrition team to work with families to develop healthy eating – could include cooking groups, establishing fruit and veg bag scheme etc	% kids with healthy P1 weight Weaning – chewable foods, use of cutlery etc. Anecdotal evidence of reliance on foodbanks
2.	Physical Activities Active schools to bring in more physical and outdoor activities, for whole family not just children – train up staff as well as families	% kids with healthy P1 weight Wellbeing tracker to see impact on kids Also look at parent/carers wellbeing at start and end via focus group (using 5 steps to wellbeing?)
3.	Active Travel Look at opportunities to promote active travel – link to sustrans, bike-trains, could we purchase bike/trailers for transporting kids to local facilities	Wellbeing tracker % kids with healthy P1weight (increased outdoor physical activities) Reduce number of parents/carers driving to nursery

Our Draft Action Plan

Action	What	Baseline Data
4.	Literacy/Numeracy Whole family – not just for nursery children Look at how library service can support- storytelling festival, library visits, Bookbug etc	Renfrew word finding scale Anecdotal evidence of adult literacy and numeracy issues
5.	Community Growing Raploch model – grow veg/make soup together as a community	% kids healthy P1 weight Wellbeing Reliance on foodbanks
6.	Income Maximisation Making sure parents and carers are getting all the benefits and in-kind support (free travel, Go-card for free swimming, free period products)	Benefit gain Decrease in debt Uptake of benefits in area? Go-card holders in

Our Draft Action Plan

Action	What	Baseline Data
7.	Employability, Skills and Learning Provide employability, skills and learning support to parents and carers	Map of skills of parents, families participating
8.	Lived Experience Steering Group Set up steering group to understand what is working, what more could be done and design the test of change going forward	
9.	Parenting and Attachment Already in place – staff being training on attachment/baby massage.	Needs of the child, behaviour, resilience, confidence
10.	Arts Programmes to develop vocabulary Intergenerational programmes for example care home performances can improve wellbeing	Phonetic baselines

Falkirk Corporate Parenting

Where does the voluntary Sector Sit?

Corporate Parenting duties are:

- Being alert to matters which adversely affect the wellbeing of looked after children and care leavers;
- Assessing the needs of those children and young people for the services and support they provide;
- Promoting the interests of those children and young people;
- Seeking to provide opportunities which will promote the wellbeing of looked after children and care leavers;
- Taking action to help children and young people access such opportunities and make use of the services and support provided.
- To take any other action it considers appropriate for the purpose of improving the way in which it exercises its functions in relation to looked after children and care leavers.

Falkirk Corporate Parenting



EQUALITY | RESPECT | LOVE

*(THIS IS THE CATEGORY THAT INCLUDES ACCOUNTANT IN BANKRUPTCY; DISCLOSURE SCOTLAND; EDUCATION SCOTLAND; THE SCOTTISH PRISON SERVICE; THE SCOTTISH PUBLIC PENSIONS AGENCY; STUDENT AWARDS AGENCY FOR SCOTLAND; AND TRANSPORT SCOTLAND)

Employment and Training Unit



Pre-employment Parent Programmes



Aberlour

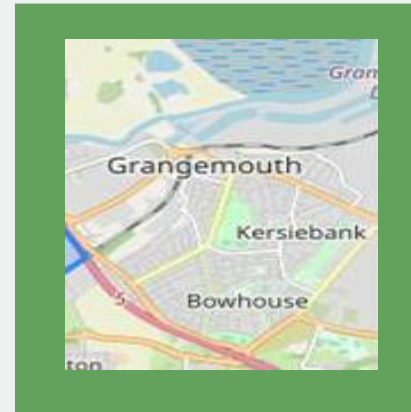
Falkirk North

August to September

Barnardo's

Falkirk North

October- December



**One Parent
Families Scotland
Grangemouth**

October- December



Home Start

Denny

August to September

All Four agencies will run a course between January and March 2024

Mental Health and Wellbeing

The new Mental Health and Wellbeing Strategy has been launched which sets out a clear vision of a Scotland, free from stigma and inequality, where everyone fulfils their right to achieve the best mental health and wellbeing possible and Scottish Government's priorities to help us get there. Links to the relevant documents are below:

- [Full Strategy](#)
- [Executive Summary](#)
- [Easy Read Version](#)

WFWF - National Self-Assessment Toolkit for Change – questionnaire

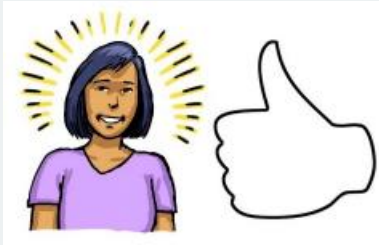
Supporting Families: A National Self-Assessment Toolkit for Change | the link can be found [here](#).

The Whole Family Wellbeing Team would appreciate as many responses as possible and are happy for this link to be passed on to colleagues who may have used the Toolkit and also to receive several responses from each local area.

Kind regards

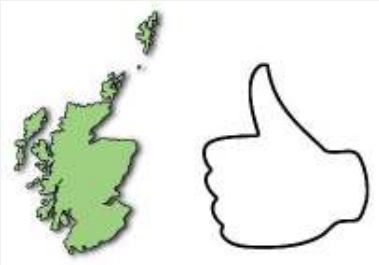
Scotland's Mental Health and Wellbeing Our Vision and Priorities Easy Read Version

Introduction

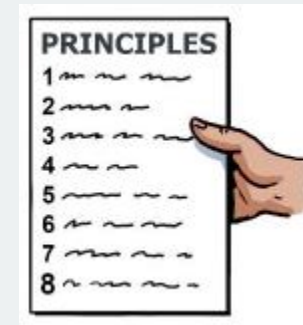


This document sets out our plans to make mental health and wellbeing better for everyone in Scotland. We describe what a good mental health system should be like. The right support should be available in the right place, at the right time, for whoever asks for help.

Our Vision

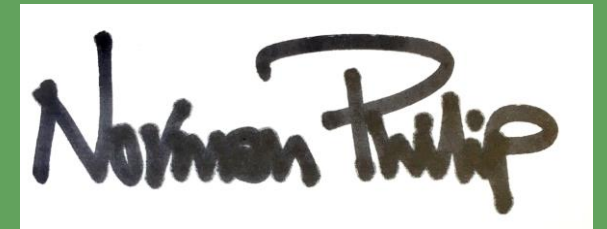


We want a Scotland where no one is made to feel bad about who they are, and everyone is equal. Everyone should have the best mental health and wellbeing possible.



Safe and Together Training

Thank you



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