

**Information Sessions for Professionals
in person at the Carers centre or on Zoom
Monthly on the following Wednesday Afternoons**

**August 16, 2023
September 20, 2023
October 18, 2023
November 15, 2023
from 2.00pm – 4.30pm**

If you would like to know more about carers and the Carers Centre and the support available for carers, including how carers can access an Adult Carer Support Plan or a Young Carers Statement, please come along to one of our regular information sessions for professionals.

To book or note interest please contact in the first instance:

Email: centre@centralcarers.org

Tel: [01324 611510 Option 4](tel:01324611510)

Please state whether you wish to attend in person or online via Zoom

Aims and Outcomes

The programme reflects some of the aims of the online (Turas) EPiC Training programme and National Occupational Standards as outlined in the Competency Framework for health and social care Staff.

Aims:

- To raise awareness of the Carers Charter/Carers Act and the responsibilities this confers upon the professionals in their role.
- To review the role of Carers Centre, how it can support Carers and how this can be of benefit to other services, with specific reference to the core principles of EPiC and the value this can bring to the cared for person, the carer and the services they work for
- Offer the participants the opportunity to explore different types of caring roles and how they can identify them, and sign post them to the Carers Centre, as well as helping them make effective use of Carers Centre Services.

Outcomes

By the end of this course the participant will be able to:

- Assess how the Carers Charter/Carers Act and core principles of EpiC impacts upon their professional role how they could apply it to their day-to-day practice.
- Explain the role of Carers Centres as partners in supporting unpaid carers, and how they operate.
- List the different types of carers and the support the Carers Centre offers to them and be able to refer carers to them as appropriate.
- Be able to describe and explain what the purpose of Adult Care Support Plans and Young Carers Statements are, with reference to eligibility criteria, and the required provision at each level.
- Integrate their learning into their day-to-day practice.

Programme outline

Part One

2:00-3.00pm

Workshop: The role of the Epic Core principles/Carers Act/Carers Charter & Carer Identification & how these apply to services and the Carers Centre.

3.01-3-00pm

Break

3:00-3.15pm

Part Two

3.16-4.20

The different roles of the Carers Centre

Information presented by or about:

- **Adult Carer Support Worker**
- **Young Carers Support Worker**
- **Young Adult Carer Support Worker**
- **Short Breaks Funds including: Respite & Creative breaks**
- **Hospital Support Worker**
- **Care with Confidence Training Coordinator**
- **Telephone Support Worker**

4.20pm

Questions and wrap up

4.30pm End

Principal Funders of Central Carers Association

 Falkirk Council	 Falkirk Health and Social Care Partnership	 Clackmannanshire Council	 NHS Forth Valley
--	---	--	--

Managed by Central Carers Association (Falkirk & Clackmannan) | Company Limited by Guarantee | Company No SC184443 | Scottish Charity No SC023658