

CVS Falkirk Third Sector Health and Wellbeing Forum
Wednesday 7th June 2023, 10am-12pm
CVS Falkirk Zoom Meeting

Agenda

1. Welcome and Apologies
2. Previous Minutes and Action Tracker
3. Welcome a representative from Papyrus, a UK charity dedicated to the prevention of suicide and the promotion mental health and emotional wellbeing in young people:
 - a. Presentation on the support and services Papyrus offer for young people in the Falkirk District area
4. Welcome Hazel from the Health Improvement Service who offer a variety of health interventions and resources for communities:
 - a. An overview of Health Improvement Service resources and activities including support with stress, anxiety, sexual health and smoking cessation
5. IJB update from Ian Dickson, Falkirk IJB Third Sector Representative
6. Discussion: Promoting good health and wellbeing for staff and volunteers and sharing resources that support this including research, toolkits and guidance
7. AOCB

Date of Next Meeting: Wednesday 20th September 2023
via Zoom