

Information Sessions for Professionals

In person at the Carers centre or on Zoom

Monthly on the following Wednesday Afternoons

18 January 2023

15 February 2023

22 March 2023

from 2.00pm to 4.30pm

If you would like to know more about carers and the Carers Centre and the support available for carers, including how carers can access an Adult Carer Support Plan or a Young Carers Statement, please come along to one of our regular information sessions for professionals. **(Suitable for students on placements as well as staff who may come into contact with carers)**

To book or note interest please contact in the first instance:

Email: centre@centralcarers.org

Telephone: 01324 611510 (Option 4)

Please state whether you wish to attend in person or online via Zoom

Aims and Outcomes

The programme reflects some of the aims of the online (Turas) EPiC Training programme and National Occupational Standards as outlined in the Competency Framework for health and social care staff.

Aims:

- To raise awareness of the Carers Charter/Carers Act and the responsibilities this confers upon professionals in their role.
- To review the role of Carers Centre, how it can support carers and how this can be of benefit to other services, with specific reference to the core principles of EPiC and the value this can bring to the cared for person, the carer and the services the professionals work for

- Offer the participants the opportunity to explore different types of caring roles and how they can identify them, and sign post them to the Carers Centre, as well as helping them make effective use of Carers Centre services.

Outcomes

By the end of this course, the participant will be able to:

- Assess how the Carers Charter/Carers Act and core principles of EpiC impact upon their professional role how they could apply them to their day-to-day practice.
- Explain the role of Carers Centres as partners in supporting unpaid carers, and how they operate.
- List the different types of carers and the support the Carers Centre offers to them and be able to refer carers to them as appropriate.
- Describe and explain what the purpose of Adult Care Support Plans and Young Carers Statements are, with reference to eligibility criteria, and the required provision at each level.
- Integrate their learning into their day-to-day practice.

Programme outline

Part One

2:00-3.00pm

Workshop: The role of the Epic Core principles/Carers Act/Carers Charter and Carer Identification and how these apply to services and the Carers Centre.

Break

3:00-3.15pm

Part Two

3.16-4.20pm

The different roles of the Carers Centre

Information presented by or about:

- **Adult Carer Support Worker**
- **Young Carers Support Worker**
- **Young Adult Carer Support Worker**
- **Short Breaks Funds including: Respite & Creative breaks**
- **Hospital Support Worker**
- **Care with Confidence Training Coordinator**
- **Telephone Support Worker**





4.20pm

Questions and wrap up

4.30pm

End

Principal Funders of Central Carers Association

 Falkirk Council	 Falkirk Health and Social Care Partnership	 Clackmannanshire Council	 NHS Forth Valley
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