

Are your employees working too comfortably?

Are you a line manager working in the administrative / clerical / customer service sector?

We are interested in learning about the time that people spend sitting when they are working from home, and we are looking for ideas to help those working in desk based roles move more during the occupational day.

We would like to hear from you if you:

- Are working in a line management capacity with employees who are mostly working in desk based roles.
- Have employees who are employed full time and working at home for more than 50% of their working week.
- Are happy to take part in a 1 hour focus group* using MS Teams.

If you would like to take part, please contact Dr Sarah Morton, Senior Research Fellow – sarah.morton@ed.ac.uk to express your interest.

*Please note we will only invite you to participate in one of the groups and this will be based on your role within your organization (i.e. line manager or non-line manager)