



Come Try Session



When & Where

Where: Grangemouth Stadium
Kersiebank Avenue, Grangemouth,
FK3 0EE

When: Sunday 4th July
Under 18's: 12.30pm to 1.30pm and must
be accompanied by a responsible adult

Over 18: 1.45pm to 2.45pm if you need a
carer in your daily life they should come
to assist you at this event.

Covid

To comply with guidance all those
attending must register and provide
contact details . To register please
follow the links on our news page
at www.forthvalleyflyers.org.uk or
email flyers.cto@hotmail.com.

**We are looking for new Club
members and volunteers.**

Forth Valley Flyers are
an Athletics Club for people
with physical sensory or learning
disability from Falkirk, Stirling and
Clackmannanshire. We provide athletics
training for young people
and adults, in all
areas of track and field athletics.

Volunteers

Without our volunteers we could
not offer as much and are always
looking for more volunteers to share
the load, and allow us to offer more
the chance to participate. If you can
help in anyway please register to
come along on the day.

Equipment

We have a broad range of suitable
equipment for use in field events,
including throwing chairs, and
we can provide Running Bikes
and adapted Wheelchairs for
track events.



**Contact - email flyers.cto@hotmail.com
web <http://www.forthvalleyflyers.org.uk/blog/>
Due to Covid restriction unfortunately no spectators**