



Role Description

Role Title:	Volunteer Befriender
Service:	Forth Valley Recovery Service
Base:	Forth Valley – Alloa, Falkirk, Stirling
Reports to:	Volunteer Coordinator
Purpose of role: <p>It's often overwhelming for the people we support to make changes in their lives. You can help by donating your time as a volunteer Befriender. Our goal is to empower and enable the people who use our services to increase their confidence in making better decisions, providing them with the resources and opportunity to create a better life for themselves.</p> <p>Befriending is a supportive, pro social relationship between a volunteer and service user. You will be matched with an individual and support them on a 1:1 basis. The aim of befriending is to reduce social isolation by involving our service users in new experiences and activities in the community to promote their confidence and relationship building skills. This can include supporting them to attend a group or appointment for example.</p> <p>It can take time for our service users to engage and trust in you, so consistency, patience and resilience is key to the role. You will be provided with all the skills, training and support you will need to undertake the role by Change Grow Live.</p> <p>Supporting individuals to achieve their goals can be rewarding, and you can make a real difference to somebody's life. This is the perfect role for a compassionate, non-judgmental person who wants to support others to make positive changes</p>	

Key Activities:

- Support service users on a 1:1 basis including, telephone and face to face
- Support service users to increase their confidence, empowering and supporting them to achieve their goals
- Gain an understanding of what support is available in your local community
- Keep us updated by providing verbal and written feedback

General terms of reference:

In carrying out the above role, a volunteer will:

- Help Change Grow Live fulfil its role in offering the best service to our service users.
- Perform your volunteering role to the best of your ability.
- Follow Change Grow Live's procedures and standards, including health and safety and equal opportunities, in relation to our staff, volunteers and service users.
- Maintain the confidential information of Change Grow Live and of our service users; adhering to Change Grow Live's policies and procedures
- Meet the time commitments and standards which have been mutually agreed

Education Knowledge and Experience:

- Ability to work with professional boundaries
- Good communication skills
- Understanding of the issues faced by our client group
- Excellent time management skills
- Ability to respect and maintain confidentiality

This post is subject to a PVG check at an enhanced level.

To apply; <https://volunteers-changegrowlive.icims.com/jobs/4176/volunteer-befriender/login>