

## **Food Project Zoom Meeting 14.04.20**

### **Attendees:**

- Scott Malcolm            CVS Falkirk
- Jen Kerr                    CVS Falkirk
- Richard McLennan        Safebase
- Carrol Wilcox            One Parent Families Scotland
- Iain Goodall              Camelon Community Hub
- Gilly McWhirter         Boness Community Response
- Elaine Grant              Falkirk Delivers
- Jennifer Anderson        Roots
- Claire Mackie            Community Pavilion
- Sarah Gardiner          Kersiebank Community Project

### **General**

- Food hygiene and safety – NHS working on Guidance
- Can existing food businesses be utilised to prepare meals?
- What is the process to apply for food through the central food hub?
- Providing food parcels or meals from schools would link up with Children and Young People who are accessing free meals
- Guidance needed on refreezing frozen produce
- Suggested that large deliveries are sent to central food distribution hub and allocated appropriately from there
- Excess or waste food to pig farmers to reduce waste costs?
- Smooth out food curves
- Processes for getting emergency food
- To assess the current level of demand – food hubs might be able to help with this
- Reaching those most in need – letters going out to those who are shielding, Falkirk Council trying to contact over 70's – if in doubt can call the help for people line.

### **Falkirk Delivers**

- Offered help where needed to pick up shopping or prescriptions for people. Best way is to go through support for people line, but referrals can be sent to elaine directly
- Referrals coming through support for people line
- Have a van and driver which can be used as a resource by others if required
- [elaine@falkirkdelivers.com](mailto:elaine@falkirkdelivers.com)
- 07494 661 281

### **Boness Community Response**

- Concerns around food in terms of delivery, preparation etc and hygiene, particularly the spread of Covid-19
- Remap the community food initiatives to capture additional information – **Email sent to the mailing list SM**

### **CVS Falkirk**

- Falkirk Council will give food to any group to distribute to service users or clients as long as the organisation has ordered in the correct manner. Speak to Mark Meechan or one of the locality reps regarding this.
- CVS Falkirk to order labels for organisations providing meals
- Suggest people start looking at volunteer rotas of 2 weeks on/2 weeks off. More volunteers might be required by organisations to achieve this.
- CVS Falkirk to speak to owner of Falkirk Resourcing Food Facebook page and see whether this could be a platform for checking food stocks and organising deliveries of overstock etc

### **Roots**

- Pre-prepared meals might work better (like a meals on wheels type of service)
- Some older people can find it difficult to prepare meals
- Put a recipe card inside food parcels so people can make their own meals
- Vegan burgers available
- Working with other local initiatives and feel they have good communication
- Give out weekly food parcels (approx. 15)
- Were successful in obtaining funding from B&M covid-19 fund (£1500 over 2 spends)
- Got Roots PPE made up and letters from council so they can skip to front of queue in shops etc

### **One Parent Families Scotland**

- Not a lot of requests from the Braes areas, although this might change now others are off work etc. (self-employed and such like)

### **Kersiebank Community Project**

- Pre-prepared meals seem to work better for them
- Also providing 1-week food parcels
- 40-50 food parcels per week

### **Community Pavilion**

- Also doing pre-prepared food
- Doing food deliveries as and when required
- Have trained chefs
- Liaising with Falkirk Council regarding food labels
- Would like to know what food is available and how to access
- Need help to determine who actually needs help or to identify those who are collecting food from multiple organisations.

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