

When: 16th March 2020—13:00-16:00

Where: Forth Valley Sensory Centre, Redbrae Rd,
Camelon, Falkirk FK1 4DD



Dementia Friends session — 1 hour

The Information Session is a fun, interactive way to learn a little about dementia. Through activities and discussions Participants will learn five key messages about dementia.

At the end of the session, participants will have the opportunity to apply their understanding into a dementia-friendly action.

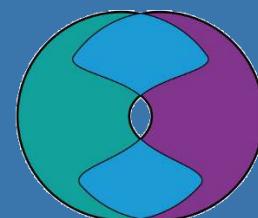
Dementia Friends is led by the **Alzheimer's Society** and is one strand of its work to create Dementia Friendly Communities. By attending a Dementia Friends Information Session, you have the opportunity to join this national social action movement to change the way the nation thinks, acts and talks about the condition.

Please note: A Dementia Friends Information Session is not training; volunteer Champions are not dementia experts, will not be able to provide further information or advice and are not DBS-checked.

Dementia Friends Session and Healthy Relationships in Later Life Workshop for the Community.

Followed by,

**Dewis Choice workshop on Healthy Relationships in
Later Life — 1 hour**



Dewis Choice

The workshop will explore positive supportive networks in the family, community and online .

Dewis Choice is a community-led project based at Aberystwyth University.

It is the first dedicated service across the UK designed and evaluated by older people, key practitioners and policymakers integrating justice with wellbeing . It is an organic service that is evolving with learning and input from our clients and partners.



Please book a place with Evelyn McGregor, Adult Support and Protection Training Administrator
by email evelyn.mcgregor@falkirk.gov.uk