

# Grangemouth: COVID-19 Community Efforts

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Date: TUESDAY 24<sup>TH</sup> MARCH 2020

Please find below a list of community responses and efforts being planned, or already taking place, in **GRANGEMOUTH** in response to the COVID-19 pandemic. This list will be updated regularly, please check back for updates.

If your efforts are not on this sheet and you would like them added, please complete [our online form](#).

Organisation	Effort/Offer/Activity	Description	Social Media	Website	Contact Name	Contact
<b>Central Football Academy</b>	Community support Volunteers	Running a "Help a Neighbour" programme, where members can provide a flyer to vulnerable neighbours with contact number to find out what support they need.	Twitter: <a href="#">@CentralGirlsFA</a> Facebook: <a href="#">Fun at Home! group</a>	<a href="#">Central Football Academy website</a>	N/A	<a href="mailto:Secretary_central@outlook.com">Secretary_central@outlook.com</a> 07871258275

		Staff have offered support over the phone if people need to speak with someone through their Central Mental Health programme (all staff are qualified NHS Mental Health First Aid Instructors). Also launched a "Fun at Home!" Facebook group to help keep children active.				
<b>Falkirk Safebase</b>	Volunteers Food distribution Drivers Medical support Use of equipment	Falkirk Safe Base has several volunteers (including drivers), transport and a food wagon via the West of Scotland Red Cross (with access to Red	<a href="#">Facebook</a>		Richard McLennan	<a href="mailto:Safebase@falkirkdelivers.com">Safebase@falkirkdelivers.com</a> 07738572381

		Cross and St Andrew's Ambulance Association volunteers). Their street pastors are also available as required, and a number of staff and volunteers have medical support training to emergency care assistant level.				
<b>Falkirk Street Pastors (part of Falkirk Safebase)</b>	Volunteers Food distribution	Will be delivering parcels to vulnerable and isolated; also available as required.	<a href="#">Facebook</a>		Richard McLennan	<a href="mailto:Safebase@falkirkdelivers.com">Safebase@falkirkdelivers.com</a> 07738572381
<b>Grangemouth Citizens Advice Bureau (CAB)</b>	Information	In the coming weeks, will be producing a leaflet for those without income due to the pandemic.	N/A	N/A	Bill Palumbo	<a href="mailto:manager@grangemouthcab.casonline.org.uk">manager@grangemouthcab.casonline.org.uk</a> 01324 666935

<b>Kersiebank Community Project</b>	Food parcels	Now making and delivering emergency parcels to those most vulnerable or self-isolating, containing soup rice pasta toilet roll etc. Please leave address, contact number and any allergies when contacting. Operating 10am – 12pm each day due to guidance.	<a href="#">Facebook</a>	N/A	N/A	Via Facebook page.
<b>Kirk of the Holy Rood Grangemouth</b>	Offering use of premises	Large church hall available to groups (dependant on government guidance).	<a href="#">Facebook</a>	<a href="#">KHR Grangemouth website</a>	Rev. Ronald Matandakufa	<a href="mailto:RMatandakufa@churchofscotland.org.uk">RMatandakufa@churchofscotland.org.uk</a> 01324337885
<b>NU2U Furniture</b>	Local provision (food parcels and delivery)	Working to deliver and issue food to those in need. For those self-isolating, the team will call prior to delivery			Lori	<a href="mailto:Nu2ufurnitureproject@gmail.com">Nu2ufurnitureproject@gmail.com</a> 07754777639

		and leave parcel on the doorstep.				
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