



Community Care and Health Third Sector Forum
Tuesday 5th February 2019
10am – 12pm
Falkirk Fire Station

Present:

Claire Bernard (CB) (Chair)	CVS Falkirk and District
Megan Hamilton (MH) (Minute-taker)	CVS Falkirk and District
Angela Price (AP)	Falkirk and District Association for Mental Health (FDAMH)
Anne Black (AB)	Braveheart
Annette Kerr (AK)	Falkirk Council
Claire Dickson (CD)	NHS Keep Well
Duncan Hearsum (DH)	Dial-a-Journey
Gillian Winters (GW)	Social Security Scotland
Ian Kinsley (IK)	Falkirk Council
Jackie Turnbull (JT)	NHS Keep Well
Jacquie Winning (JW)	Forth Valley Sensory Centre
Margaret Coutts (MC)	Samaritans
Margaret Petherbridge (MP)	Falkirk Council
Morven Mack (MM)	Integrated Joint Board (Carers Representative)
Suzanne Thomson (ST)	Health and Social Care Partnership
Tracy Gibson (TG)	Falkirk and Clackmannanshire Carers Centre

Apologies:

Alex Finlay (AF)	Falkirk Council
Ania Sandland (AS)	Outside the Box
Arlene Bowmaker (ABo)	Life Fit Physiotherapy
Carol Anderson (CA)	Chest, Heart and Stroke Scotland
Jen Kerr (JK)	CVS Falkirk and District
Jennifer Paton (JP)	Minority Ethnic Carers of People Project (MECOPP)
Jess Bryce (JB)	Parkinsons UK
Julia Ferrari (JF)	NHS Forth Valley
Julia Ringsell (JR)	Hearing Loss Scotland
Julie Shields (JS)	Scottish Ambulance Service



Lynne Frail (LF)
Malaika Rose (MR)
Maureen Hill (MHi)
May Chamberlain (MCh)
Meg Amasi (MA)
Vivienne Malcolm (VM)

Forth Valley College
Hearing Loss Scotland
Scottish Waterways Trust
Relationships Scotland
Central Scotland African Union
Solicitors for Older People

1. Welcome, Introductions and Apologies

Forum members present were welcomed to the meeting and introductions were made. Apologies were noted as above.

2. Review of Previous Minutes from 06.11.18

The minutes of the previous meeting were agreed as an accurate record.

3. Ian Kinsley (Falkirk Council – Adult Protection)

IK introduced himself to forum members present then proceeded to give his presentation.

IK is the lead for Adult Support and Protection for Falkirk Council. They receive on average 12 new referrals on a weekly basis from adults aged 16+. The adults referred may be referred for different reasons such as; money exploitation, suffering abuse or at risk of becoming vulnerable and being taken advantage of.

IK is also part of the Multi-Agency Adult Protection Committee which meets bi-monthly. During the Multi-Agency Adult Protection Committee meetings the committee look at 2 cases that public agencies were involved with in order to assess, analyse and evaluate if the services provided could have room for improvement and if procedures were followed correctly.

Scotland is the first country within the UK to develop specific legislation for adult protection, The Adult Support and Protection (Scotland) Act 2007. The act provides a strong framework that ensures there are procedures to follow in situations where an adult is being harmed.

IK highlighted to forum members present that he would like to create a reference group, using former/current service users who have used Adult Support and Protection services in the Falkirk area so they can feedback into the Adult Protection Committee, however at the current time no services users IK has approached would like to participate. He mentioned



the group would not need to meet on a regular basis as the group could meet only once a year for an annual review of the services/any publications.

A discussion took place within the forum around the idea of the above reference group. Forum members raised concerns of the risk of inadvertently re-traumatising service users talking of their past experiences which could cause the service user further mental health issues.

IK reiterated to the forum service users wouldn't necessarily talk about their past experiences solely to provide feedback, discussions and concerns around the Adult Support and Protection (Scotland) Act 2007 and help raise awareness of Adult Support and Protection.

Forum members discussed and agreed that the reference group would be more beneficial if the group consists of professionals i.e. nurses and care service providers instead of past service users as they would be able to provide more knowledge and insight to the content provided. The professionals would have the knowledge of second-hand experience of using different services and treatments to base their examples on.

Forums members provided examples to the forum of how their organisations approach service users to provide feedback. Forum members advised that waiting until they feel their service users are confident enough to be approached to avoid/minimise the risk of re-traumatising the service user. Forum members advised further that providing a safe space to allow the service user to voice their opinions, feedback and concerns is a key element to support their service users even if they feel the services provided were negative.

For any further information or discussion about Adult Support and Protection please email: Ian.Kinsley@falkirk.gov.uk

4. Falkirk HSCP Strategic Plan Consultation – Suzanne Thomson (ST), Health and Social Care Partnership Programme Manager

ST introduced herself to forum members present then proceeded to give her presentation.

ST gave the forum an overview of the Falkirk Integrated Strategic Plan 2016 – 2019 key outcomes;

- Self-Management
- Autonomy and Decision Making



- Safe
- Experience
- Community Based Supports

The Strategic Plan sets out how the Integration Joint Board (IJB) will deliver adult services to achieve the local vision, national health and wellbeing outcomes and integration priorities. IJB and Strategic Planning Group held 3 workshops to review current plan and develop the plan for 2019-2022. The strategic needs assessment has informed the development of the Plan and was updated to include;

- Mental Health
- Carers
- Prescribing
- Alcohol & Drugs (including ARBI)
- Housing
- Third Sector

There were proposed changes to the 5 outcomes;

- Self-Management - Individuals, their carers and families can plan and manage their own health, care and wellbeing. Where support is required, people have control and choice where possible over what and how care is provided.
- Safe - High quality health and social care support are delivered that promote keeping people safe and well for longer.
- Experience - People have a fair and positive experience of health and social care, delivered by a supported workforce that are skilled, committed, motivated and valued.
- Strong Sustainable Communities - Individuals and communities are resilient with a range of supports in place, that are accessible and reduce health and social inequalities.

Legislation states there must be a minimum of 2 localities in Council areas, there are 3 of these localities which were agreed upon the 2016 Strategic Plan based around the 3 clusters of the Falkirk area. One of the priorities is to improve mental health and wellbeing which would resonate with the national strategy, locally it has been one of the Community Planning Partnerships priorities over a 3 year period.

There was an online consultation around HSCP Strategic Plan ST asked forum members to complete, the consultation was closed on Monday 25th February.



A discussion took place within the forum around community transport and how to identify the need for it in local areas. There has been an increase of service users using the Dial-a-Journey services to access health services as local transport does not always have a route for the service user to use.

Action: DH to contact ST for further information about the innovation fund.
Action: CB to pick up and discuss further DH enquiries around Community Transport.

5. IJB Update

No update was provided due to IJB members unable to attend this meeting. The Chair will email forum members with a report as well posting the report on the [Community Care and Health](#) third sector forum website.

Action: SM to contact JK for Update and will disseminate as above.

6. Third Sector Partner Updates

6.1 NHS Keep Well

CD is currently working in development with Community Justice and Tackling Inequalities and Improving Outcomes (TIIO) for a new pilot project in the coming months. NHS Keep Well are currently providing free health checks across the Forth Valley area, they have multiple clinics within different organisations.

For further information on NHS Keep Well call 01786 434044.

6.2 FDAMH

FDAMH will be hosting an invite only open day on Friday 22nd February. They are currently reviewing their services to see how they can continue to improve. They will also be extending their Social Spark service which matches befriending volunteers with service users for up to a year, FDAMH currently have 48 volunteers and 168 service users within the Social Spark Service.

For further information visit the FDAMH website <https://www.fdamh.org.uk/> or call 01324 671600.

6.3 Falkirk and Clackmannanshire Carers Centre

Falkirk and Clackmannanshire Carers Centre (FCCC) have been hosting 'Care with Confidence' sessions about the services that are available to support carers and those they care for, due to the success of these sessions the FCCC will now be delivering these session across the Falkirk and District areas. Topics include; Dementia and Research, Patient Advice & Support Service, Sleep, Gas Safety Awareness and finally, Dementia: Ask the Psychiatrist.

The Carers Strategy is now available on the FCCC website.

For further information visit the FCCC website;
<http://www.centralcarers.org/> or call 01324 611510.

6.4 Samaritans

Samaritans in the Falkirk area have received; 2032 phone calls, 227 emails and 506 text messages in the last 3 months. Samaritans have also been visiting various high schools teaching school children about emotional health.

For further information visit their website <https://www.samaritans.org/> or call 01324 622066 for the Falkirk branch.

6.5 Social Security Scotland

Social Security Scotland is an Executive Agency of the Scottish Government. In Scotland there are a number of devolved benefits. Social Security Scotland have responsibility to ensure that they are managed correctly and fairly delivered. GW offered to visit any organisations to deliver information to their service users.

For further information visit <https://www.socialsecurity.gov.scot>

7. Update from CVS Falkirk

7.1 Forth Valley Third Sector Conference

With the 2019 Forth Valley Third Sector Conference CVS Falkirk highlighting some of the workshops on the day, including:

- Scotland's Public Health Priorities
- The Scottish Governance Code for the Third Sector
- The Community Justice Act: What Can Third Sector Organisations Do To Support This?
- How to Recruit and Retain Volunteers

The second Forth Valley Third Sector Conference, held in partnership with CTSI and SVE, will take place on Wednesday 13th February at Alva Academy in Clackmannanshire.

7.2 World Social Work Day

World Social Work Day will take place Tuesday 19th March. Falkirk Social Care and Falkirk Council will be hosting an event at Falkirk Forth Valley College on Monday 18th March. More details will be delivered on the CVS Falkirk e-bulletin in the coming weeks.



7.3 Falkirk Funders Fayre

Following on from another successful Funders Fayre in 2018, CVS Falkirk and Falkirk Council are hosting another free Funders Fayre on Tuesday 5th March 2019.

The event is designed to give third sector, charity and voluntary organisations the opportunity to meet with a range of diverse funders and to learn about the various grant funding schemes that are available.

Attendees will have the opportunity to ask questions and to obtain information on how to apply and learn about the criteria funders use when assessing applications.

The event will take place at the Bowhouse Community Centre, 130 Bowhouse Road, Grangemouth, FK3 0EU.

Tickets can be found on [Eventbrite](#), all tickets are free.

8. Three Key Messages

This agenda item was not discussed.

9. AOCB

There was no AOCB.

Date of Next meeting

The date of the next Community Care and Health Meeting will take place Tuesday 7th May 2019, 10am – 12pm at Falkirk Fire Station.

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