

Starting  
31st October  
2018



Time for a cuppa?  
**Bo'ness dementia café**

**Drop in Dementia café, every  
Wednesday, 10am-12noon  
Richmond Park Hotel, 26 Linlithgow  
Road, Bo'ness, EH51 ODN**

Our dementia café exists to give you the chance to meet others dealing with the same experiences as you.

Our dementia café offers support and information in a relaxed café environment.

For more information please contact:  
Falkirk services on  
01324 559480 or email  
[falkirkservices@alzscot.org](mailto:falkirkservices@alzscot.org)



*Richmond Park Hotel*

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or for those unable to do so should come with a companion who can provide any support for them. We don't provide transport for these groups and therefore it is your responsibility to get to and from this community activity, safely