

# YOUNG VOLUNTEER OPPORTUNITIES



This is a list of some of the real opportunities that are available in the Falkirk area. Some may not be available by the time you read this or by the time you are ready to volunteer, but they should give you a good **example** of the kinds of opportunities that exist locally. We've got something to suit pretty much everybody.

Please have a look at the list and then get in touch with us so that we can discuss in more detail some of the opportunities available right now which might suit you, your skills, experience and availability. You can call us on **01324 692000** or email us at [info@cvsfalkirk.org.uk](mailto:info@cvsfalkirk.org.uk)

## YOUNG VOLUNTEERS OPPORTUNITIES IN THE FALKIRK AREA June 2018

### Leaders and Helpers for Scout Group

3rd Bo'ness Scout Group are looking for leader and helper volunteers who enjoy using their spare time to work with young people inside and outdoors, with the opportunity to learn new skills. Training and support is available to assist in setting up.

<b>Bo'ness</b>	2 hours per week	MINIMUM AGE: 16	Expenses cannot be claimed
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### Youth Worker Volunteer

Falkirk Council is looking for friendly youth worker volunteers who would enjoy working with young people while improving their key skills, including communication, leadership and mediation. Falkirk Council offer extensive training opportunities to volunteers and the chance to volunteer at a time that suits. The volunteer opportunity varies from large Youth Clubs to more intensive group work.

<b>Falkirk</b>	3 hours per week	MINIMUM AGE: 16	Expenses can be claimed
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### Sales Assistant Volunteers

Cats Protection Charity Shop Falkirk are looking for friendly and outgoing sales assistant volunteers who would help with the sorting and pricing of donations, stock rotation and cashier duties. Volunteers would support young people and to handle money. Training for volunteers in all areas of retail and customer service skills would be provided.

<b>Falkirk</b>	4-5 hours per week	MINIMUM AGE: 14	Expenses can be claimed
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### Conservation Volunteers

Falkirk Community Trust are looking for conservation volunteers to take part in a range of practical conservation activities within Callendar Park, alongside the gardeners.

<b>Falkirk</b>	Every third Thursday of the month, 10am – 1pm	MINIMUM AGE: 16	Expenses cannot be claimed
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### Kitchen Helper and Tea Room Helper Volunteers

Rainbow House are looking for a tea room helper and kitchen helper volunteers. Kitchen helper duties include tidying up the kitchen and following the health and safety of Cook Safe, Scotland's food safety management system. The tea room helper will meet and greet attendees, make teas and snack lunches, and be involved in the ordering of goods for the tea room.

<b>Grangemouth</b>	7 hours per week 2 months commitment	MINIMUM AGE: 17	Expenses can be claimed
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### Handyman Volunteer

Laurieston Tennis Club team are looking for handyman volunteers to assist the club with general maintenance around the clubhouse, club grounds and tennis courts. Volunteer duties may include painting, weeding, fence fixing and general odd jobs.

<b>Laurieston</b>	4 hours per month Flexible	MINIMUM AGE: 16	Expenses cannot be claim
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### Youth Work Volunteer (After School Club)

PLUS (Forth Valley) Ltd are looking for youth worker volunteers to support children and young people with disabilities in social and leisure activities through the Count Me in Project. This role provides an opportunity to gain experience of support and youth work.

<b>Forth Valley</b>	3-4 hours per week	MINIMUM AGE: 16	Expenses can be claimed
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### Radio Royal Volunteer

Radio Royal team are looking for a radio volunteer to help in a wide variety of jobs. Volunteer duties would include presenting programmes, producing new programmes, IT, engineering, ward visiting, record library work, publicity and fund raising.

<b>Larbert</b>	2-3 hours per week	MINIMUM AGE: 16	Expenses cannot be claimed
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### Volunteer Coach

Volunteers are required to support Forth Valley Flyers coaching athletes. At first volunteers will be shadowing an experienced coach (mentor) and learning from them. Sessions will be planned by the mentor, which volunteers will help deliver to the athletes, who are mostly aged 9 – 20 years (though there are also adult members). Main club nights are Tuesday and Thursday but other nights are available. The organisation is willing to fit this opportunity around volunteers' existing commitments.

<b>Grangemouth</b>	5:15pm - 7pm Fridays	MINIMUM AGE: 14	Expenses: Unknown
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### IT Tutor

Scottish Senior Computer Club are looking for enthusiastic and confident volunteers to help older people to extend their knowledge of IT and have fun using computers. Volunteers should have good experience of PCs, laptops or tablet devices.

<b>Falkirk</b>	4 hours per week	MINIMUM AGE: 17	Expenses can be claimed
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### Outdoor Learning Assistant Volunteers

Under The Trees CIC are looking for enthusiastic volunteers who would enjoy being outdoors whilst gaining experience of working with children and young people. Volunteer duties are to assist with the workshops for school groups and holiday play sessions as well as create and lead workshop activities.

<b>Falkirk</b>	Flexible	MINIMUM AGE: 16 MAXIMUM AGE : 24	Expenses can be claimed
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### Volunteer Cafe Assistant

Maddiston Community Centre team are looking for a café assistant volunteers. Volunteer duties will involve food preparation, cooking, serving members of the public, stock control, general cafe duties including housekeeping and cleaning.

<b>Maddiston</b>	Fridays 9AM – 1PM	MINIMUM AGE: 16	Expenses can be claimed
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### Activity Volunteer

Forth Valley Sensory Centre is looking for activity volunteer. Activity volunteers will have a broad range of responsibilities across a range of different activities. In this specific case, it's for their fortnightly Art Class. This could be as simple as helping setup for the event, or ensuring that one of the people using the centre is able to get to their taxi after a afternoon spent with the class.

<b>Falkirk</b>	Fortnightly, Wednesdays 1pm-3pm	MINIMUM AGE: 16	Expenses can be claimed
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### Youth Club and Family Support Group Helper

Falkirk Autistic Bairns are looking for individuals who are prepared to be tolerant and understanding of the children's needs, to allow them to learn in a safe environment. This opportunity offers experience in working with children's and young adults. They have a range of activities from crafts to baking, imaginative play to computer and physical activities to quiet time in the sensory room. Outings to various settings and the opportunity to partake in various outdoor activities like horse riding. They look for people who preferably have experience with children with ASD (autistic spectrum disorder), ideally suit students studying childcare social care or psychology related subjects. This is a great opportunity to develop skills and access training courses and gain experience in a childcare setting.

Falkirk	Saturdays 2pm - 5pm	MINIMUM AGE: 16	Expenses can be claimed
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### Shop Helper

Strathcarron Hospice are looking for shop helper volunteers to help with sorting clothes, maintaining rails, helping customers and keeping customers happy. Volunteers must be able to make tea. Some heavy lifting might be required. No long term commitment is required.

Falkirk	3 hours per week No long term commitment is required	MINIMUM AGE: 16	Expenses cannot be claimed
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### Helix Event Volunteer

Helix Falkirk is looking for volunteers who are good conversationalists and can welcome those who attend in a friendly manner. Volunteer duties include welcoming people to The Helix Park for a wide variety of events. This opportunity will suit someone who is out-going and enthusiastic, and enjoys meeting new people, or wants to build their confidence in these areas. This opportunity is flexible, allowing volunteers to choose which events suit them.

Falkirk	Flexible	MINIMUM AGE: 16	Expenses: Unknown
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For an up-to-date list of most of our opportunities, please visit: [www.volunteerscotland.org.uk](http://www.volunteerscotland.org.uk)

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