

YOUNG VOLUNTEER OPPORTUNITIES



This is a list of some of the real opportunities that are available in the Falkirk area. Some may not be available by the time you read this or by the time you are ready to volunteer, but they should give you a good **example** of the kinds of opportunities that exist locally. We've got something to suit pretty much everybody.

Please have a look at the list and then get in touch with us so that we can discuss in more detail some of the opportunities available right now which might suit you, your skills, experience and availability. You can call us on **01324 692000** or email us at info@cvsfalkirk.org.uk

YOUNG VOLUNTEERS OPPORTUNITIES IN THE FALKIRK AREA July 2018

Section Assistant Volunteers

16th Forth Valley Laurieston Scout Group are looking for Section Assistant Volunteers to support their operation. In particular, they are looking for assistance with the planning and delivery of the Balanced Programme, with the help of other section leaders and other members when appropriate.

Laurieston	Monday, Tuesday and Wednesday afternoons Flexible hours	MINIMUM AGE: 16	Expenses: Unknown
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Sales Assistant Volunteers

Cats Protection Charity Shop Falkirk are looking for friendly and outgoing sales assistant volunteers who would help with the sorting and pricing of donations, stock rotation and cashier duties, including handling money. Training in retail and customer service skills would be provided.

Falkirk	4 – 5 hours per week	MINIMUM AGE: 14	Expenses can be claimed
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Shop Floor Assistant Volunteers

British Heart Foundation (Furniture and Electrical) Falkirk are looking for enthusiastic shop assistant floor volunteers. Volunteer duties would include delivering customer service, cleaning stock and the shop floor, answering collection calls and associated paperwork, along with processing items through the till, writing out delivery lines for sale and processing, stock control, and pricing stock.

Falkirk	Flexible hours Monday - Saturday	MINIMUM AGE: 16	Expenses can be claimed
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Volunteer Cafe Assistants

Maddiston Community Centre is looking for reliable café assistant volunteers. Volunteer duties would include food preparation, cooking, serving members of the public, stock control, housekeeping and cleaning.

Maddiston	Fridays, 9am – 1pm	MINIMUM AGE: 16	Expenses can be claimed
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Youth Work Volunteers (After School Club)

PLUS (Forth Valley) Ltd are looking for youth worker volunteers to support children and young people with disabilities in social and leisure activities through their Count Me in Project. This role provides an opportunity to gain experience of support and youth work.

Forth Valley	3 – 4 hours per week Flexible	MINIMUM AGE: 16	Expenses can be claim
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Shop Helper Volunteers

Strathcarron Hospice are looking for shop helper volunteers to assist with sorting clothes, maintaining rails, helping customers and keeping customers happy. Volunteers must be able to make tea, and some heavy lifting may be required.

Falkirk	3 hours per week No long term commitment is required	MINIMUM AGE: 16	Expenses cannot be claimed
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Radio Royal Volunteer

The Radio Royal team at Forth Valley Royal Hospital are looking for a radio volunteer to help in a wide variety of roles. Volunteer duties would include presenting programmes, producing new programmes, IT, engineering, ward visiting, record library work, publicity and fundraising.

Larbert	2 – 3 hours per week	MINIMUM AGE: 16	Expenses cannot be claimed
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Helix Event Volunteers

Helix Falkirk is looking for volunteers who have good communication skills and can welcome attendees in a friendly manor. Volunteer duties include welcoming people to the Helix Park for a variety of events. This opportunity will suit individuals who are out-going and enthusiastic, enjoy meeting new people, or want to build their confidence in these areas. This opportunity is flexible, allowing volunteers to choose which events suit them.

Helix Park	Sunday mornings, 9am – 10am	MINIMUM AGE: 16	Expenses: Unknown
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For an up-to-date list of most of our opportunities, please visit: www.volunteerscotland.org.uk

Outdoor Learning Assistant Volunteers

Under The Trees CIC are looking for enthusiastic volunteers who enjoy being outdoors whilst gaining experience of working with children and young people. Volunteer duties may include assisting with the workshops for school groups and holiday play sessions as well as creating and leading workshop activities.

Falkirk	Flexible	MINIMUM AGE: 16 MAXIMUM AGE: 24	Expenses can be claimed
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Onward Volunteers

The Royal Voluntary Service (RVS) at Forth Valley Royal Hospital are currently looking for Onward Volunteers for their Onward Service. This involves volunteers going into wards and interacting with patients, playing games, talking, and café visits to make the patient's stay a bit more enjoyable.

Larbert	2 – 3 hours per week	MINIMUM AGE: 14	Expenses can be claimed
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Club Helper Volunteers

Falkirk Foundation are looking for club helper volunteers who enjoy working with children and young people. They will volunteer alongside experienced and qualified football coaches to provide quality football coaching sessions in a fun and friendly environment. Volunteers will get the opportunity to attend the Falkirk Football Community Foundation in-service training days, which will provide them with the practical experience of delivering football coaching sessions, increasing their confidence, experience and giving them the skills to deliver coaching sessions.

Grangemouth	Flexible days 2 hours per week	MINIMUM AGE: Any	Expenses: Unknown
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Athletics Volunteer Coach and Helper Volunteers

Forth Valley Flyers are looking for athletics volunteer coaches and helpers to shadow experienced coaches and learn from them. Sessions would be planned by the mentor with volunteers. Volunteers can try this role to see if they enjoy it first; if they do, they can then commence formal coaching qualifications. Volunteers would attend courses and workshops while still learning from their mentor. Any training costs would be met by the club (subject to criteria) and a personal plan would be agreed before commencing any qualification. This plan would then be reviewed at agreed periods. Club night is Friday, which is when the athletes train, with another session on a Tuesday for those showing a talent.

Grangemouth	Friday evenings 5:15pm – 7pm	MINIMUM AGE: 14	Expenses: Unknown
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www.cvsfalkirk.org.uk | 01324 692 000 | info@cvsfalkirk.org.uk | @CVSFalkirk

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