



## Volunteering



This is a list of some of the real opportunities that are available in the Falkirk area. Some may not be available by the time you read this or by the time you are ready to volunteer, but they should give you a good **example** of the kinds of opportunities that exist locally. We've got something to suit pretty much everybody. Please have a look at the list and then get in touch with us so that we can discuss in more detail some of the opportunities available right now which might suit you, your skills, experience and availability.

You can call us on **01324 692000** or e-mail us at [\*\*info@cvsfalkirk.org.uk\*\*](mailto:info@cvsfalkirk.org.uk).

### **Shop Volunteer**

A local charity are looking for volunteers to help in Their shop on a regular basis. As well as the general day to day running of the shop, you will also get the chance to meet some of the dogs we have helped in the past as they like to visit the shop.

This opportunity takes place in Falkirk.

### **Activity Volunteer**

Forth Valley Sensory Centre are recruiting volunteers to support their activity group. The Art Class Works with clay, wire and other tactile materials.

Volunteers will support people to engage with the activities taking place, help provide light refreshment and support with transport to and from group.

This opportunity is based in Camelon.

### **Community DIY Volunteer**

Do you enjoy standing back and looking a job well done? Well there is nothing more satisfying than the paint drying on the locks gates and canal side furniture. If you are good with a brush, fancy yourself as Picasso, have an eye for detail and want to help maintain the beauty of our historic monument, then we want to hear from you. The task involves rubbing down and restoring the canal side furniture between lock 3 and 20 on the Forth and Clyde Canal.

This opportunity takes place in Camelon.

### **Conservation Volunteer**

Are you looking for a chance to get outside on a regular basis and work with likeminded people helping to look after the beautiful Callendar Wood. Come and join our regular volunteer group and get involved with conservation and maintenance tasks across the site.

This opportunity takes place in Falkirk.

### **Gardening Volunteer**

A family support organisation are looking for volunteers to help create and maintain an innovative garden space for children and families to use? They are looking for a volunteer gardener to create a safe garden space and undertake garden maintenance for our family support centre.

This opportunity is open to those over 16 years old.

### **Cycle Assistant**

This is a chance to join a team of Cycle Training Assistants working in schools to deliver Bikeability Scotland Cycle Training. The opportunity comes with free

CPD verified training (1 day) to provide the skills required to become a qualified Cycle Training Assistant.

This opportunity takes throughout Falkirk.

### **Walk Leader**

Volunteers are required to lead walks with a group of mums. New mums often feel isolated and overwhelmed by the responsibility and challenges of looking after their new arrival and perhaps feels unable to cope - they are looking for someone who will understand this. The mums meet once a week for a 40 minute walk, there is a Health Visitor there to answer any questions or worries that the mums may have. After the walk the group usually go back to a Health Centre or Playgroup for tea and a chat.

This opportunity takes place in Falkirk and is open to those over 18 years old.

### **Play Assistant**

Volunteers in this role will work alongside staff. Duties include organising games and activities; supervising particular children; setting up and clearing up play spaces etc. Volunteers can take on any of the roles that they have the necessary skills, knowledge and experience to fulfil. Volunteers should not undertake any unsupervised responsibilities, such as escorting on transport without the agreement of the project manager. Where a volunteer has particular skills, these can be used - for example, a volunteer with an appropriate First Aid qualification could administer first aid at an event with prior agreement.

This opportunity takes place in Falkirk and is open to those over 16 years old.

### **Volunteer Ambassador**

As a volunteer ambassador you could be part of bringing the best customer experience to the visitors of The Helix, home of the Kelpies. This is an outdoor public facing role, where you would be expected to proactively assist people in the park. You will receive training and support from The Helix team. It is important that visitors know all the different aspects they can enjoy whilst here. You will be representing The Helix, your town and for our foreign visitors

your country.

This opportunity takes place in Falkirk and is open to those over 16 years old.

### **Climate Champion**

Climate Champions will assist the Community Link Officers in their delivery of Home Visits to provide energy related support to minority ethnic households, conduct fun eco-driving sessions and deliver awareness sessions on issues relating to energy efficiency and climate change, conducting free home energy efficiency visits, eco driving sessions and monthly awareness sessions.

This opportunity takes place in Falkirk and is open to those over 16 years old.

### **Mentor Volunteer**

The volunteer mentor will work with young people who are looked after at home, building a trusting relationship, improving their chances in life and promoting the well-being of every child.

Volunteer mentor's main tasks will be to build a positive trusting, supportive and secure relationship with children & young people aged 8-14 who are looked after at home.

This opportunity takes place in Falkirk and is open to those over 18 years old.

### **Bike Maintenance Volunteer**

A charity are looking for a skilled and enthusiastic Bike Mentoring and Maintenance Volunteers. They would like volunteers to have a keen interest in bike mechanics, and preferably some experience of working on bikes. This does not have to be in paid capacity, a bike hobby is perfectly acceptable. They are looking for people who have the capacity to support and mentor others to learn how to maintain bikes. Volunteers also get involved in leading other volunteers on cycle trips.

This opportunity takes place in Camelon.

### **Warehouse Volunteer**

A charity is opening a central warehouse in Falkirk to store, sort and organise all donated stock.

Stock will be collected from 14 charity shops and brought to the warehouse to be sorted and hung on rails ready to deliver back to the shops when they require specific type of clothing.

This opportunity takes place in Falkirk.

### **Scout Volunteer**

The volunteer will support the operation of the Section. In particular, the planning and delivery of the Balanced Programme, with the help of other Section Leaders, An innovative spirit and ability to make things happen plays a vital role in the development of young people everywhere and these available roles will give you the chance to make a big impact on the lives of young people.

This opportunity takes place in Laurieston.

### **Befriending Volunteer**

An Organisation are recruiting parents to join their group of volunteers. Volunteers support vulnerable families in their own homes maintaining the dignity and confidentiality of the parents. Volunteers help families cope with the pressures they face and make a real difference to the lives of parents and children. You will make new friends and have lots of fun. You will develop new skills and have some wonderful experiences.

This opportunity takes place in Denny.

CVS Falkirk and District is a Company Limited by Guarantee in Scotland No. SCO85838. Registered office: Unit 6, The Courtyard, Callendar Business Park, Callendar Road, Falkirk, FK1 1XR. Scottish Charity No. SC000312