



**Community Care and Health Third Sector Forum**  
**Tuesday 20<sup>th</sup> August 2019**  
**10am – 12pm**  
**Falkirk Fire Station**

**Present:**

Scott Malcolm (SM) (Chair)	CVS Falkirk and District
Becca Heggie (BH) (Minute-taker)	CVS Falkirk and District
James King (JKi) (Speaker)	Falkirk Council
Angela Reid (AR)	Central Advocacy Partners
Ania Sandland (AS)	Outside the Box
Claire Crossan (CC)	Falkirk and Clackmannanshire Carer's Centre
Clare McCool (CM)	NHS Forth Valley
David Stewart (DS)	Falkirk Foundation
Jim Thompson (JT)	Falkirk District Association for Mental Health (FDAHM)
Duncan Hearsom (DH)	Dial-a-Journey
Hugh Douaghy (HD)	Action on Hearing Loss Scotland
Jen Kerr (JKe)	CVS Falkirk and District
Margaret Coutts (MC)	Samaritans
Maria Ferrari (MF)	Cyrenians
Martin Kenny (MK)	Royal Voluntary Service
<b>Apologies:</b>	
Arlene Bowmaker (AB)	Life Fit Physiotherapy
Arun Gopinath (AG)	Central Scotland Regional Equality Council
Carol Anderson (CA)	Chest Heart and Stroke Association
Gerard McCoy (GM)	Hearing loss Scotland
Gill Wilson (GW)	Social Security Scotland
Gillian Bruce (GB)	NHS Forth Valley
Jacquie Winning (JW)	Forth Valley Sensory Centre
Janine Rennie (JR)	Wellbeing Scotland
Jessie Malcolm (JM)	NHS Forth Valley
Lynda Ross-Hale (LRH)	Cyrenians



Martin Allen (MA)  
May Chamberlain (MC)  
Morag Fullard (MF)  
Susan High (SH)  
Vivienne Malcolm (VM)

Forth Valley Sensory Centre  
Relationships Scotland  
FDAHM  
Strathcarron Hospice  
Solicitors for Older People

### **1. Welcome, Introductions and Apologies**

Forum members present were welcomed to the meeting and introductions were made. Apologies were noted as above.

### **2. Review of Previous Minutes from 07.05.19**

### **3. James King- Falkirk Council - (Procurement and Commissioning Manager) – Market Facilitation Plan Development**

JK introduced himself to members of the forum as the Procurement Co-ordinator within Falkirk Council's Procurement and Commissioning unit.

JK spoke about the Falkirk Health and Social Care Partnership (HSCP) market facilitation plan and how to develop the plan.

Each HSCP must publish a strategic plan that sets out the priorities of the partnership which is underpinned by a strategic needs assessment. The Falkirk strategic plan 2019/20 was published recently following stakeholder engagement.

In addition to the strategic plan, each HSCP is required to publish a market facilitation plan. The market facilitation plan, the strategic plan and the strategic joint assessment are all aligned with each other.

The market facilitation plan represents the start of a dialogue with service providers, service users, carers and other stakeholders about the future shape of our local social care and support market. This will ensure there is a diverse, appropriate and affordable provision available to deliver effective outcomes and meet the needs of service users.

JK informed forum member's the current market facilitation plan was published in 2016, this enabled large scale events to share commission and intentions. JK gave forum members an example of this:

- Tenders
- Quarterly forums

- Procurement clinics

JKi went on to show the forum members graphs to illustrate the value of spend, local spend and third sector spend, both showing an upward trend.

JKi went on to discuss performance measures and wanted to seek views of the forum members in relation to:

- Value of spend with small to medium enterprises (SME)
- Value of spend with the Third and Charitable Sector
- Maintenance of Living Wage for all Support Care Workers
- Number of local organisations attending procurement clinics

As well as person centred performance measures that forum members think are important.

JKi went on to discuss the key messages; Falkirk Council will be consulting with the third sector, independent sector, cares and service users, as well as internally within the HSCP. JKi noted it's important to gather all the views of different areas which can then be reflected within the plan.

Falkirk Council have identified key messages and implications for some of the stakeholder groups from the support Consultation and Engagement, in terms of the HSCP:

- Collaborate and create partnerships to stimulate the local economy
- Maximise opportunities for local people
- Increase the range of support available for smaller providers
- promote outcome based commissioning and decision making

The third sector will assist organisations to build on their knowledge of local needs in order to develop new activities and services.

The independent sector will put new opportunities on the market and explore how to enter the social care and support network thereby offering innovative ideas and solutions for commissioners and users of services.

The HSCP will help individuals become more proactive by shaping their own support solutions: Services are planned and led locally in a way that is engaged in the community.

JKi went on to inform forum members Falkirk Council have a timetable for the new Market Facilitation Plan and stakeholder engagement is taking place now.

A provider forum is scheduled for Thursday 26<sup>th</sup> September this will give people the opportunity to feed into the plan.

Between October 2019 and January 2020 Falkirk Council will get feedback from the various groups, so they can begin to amend some of the facilitation plan which will then be pre-approved by the Integration Joint Board between February and March 2020. The market facilitation plan will then be implemented in April 2020.

There was a discussion around support and the need to understand outcomes, added value, costing and pricing and tendering and procurement skills. JKe suggested over the course of next year putting on a programme of support alongside the supplier development programme.

Action: JKi to send SM a copy of the slides from the presentation to circulate to forum members.

Action: JKe to circulate survey to forum members for comments.

Action: Forum members to email SM any feedback.

Action: SM to circulate contact details of JKi to forum.

#### **4. IJB Update**

##### **Third Sector Representation**

JKe informed forum members that the new Intergration Joint Board third sector representative has been selected. Ania Sandland, Community Development Adviser with Outside the Box. Jke thanked everyone who put themselves forward and everyone who took the time to vote.

AS thanked forum members and provided details of Outside the Box which is based in Glasgow. AS covers the whole of the Falkirk area and is involved in a range of different projects and often works with The Carers Centre and community groups.

**4.1** JKe informed forum members there has been two new Heads of Integration appointed. The Heads of Integration will work together underneath Chief Officer Patricia Cassidy, to work on locality, service reviews and oversee integration.

##### **4.2 Stronger Communities Working Group**

There has been a working group set up named the Stronger Communities Working Group. It is a group of public partners, third sector partners or anyone who has an interest in supporting the partnership to ensure its supporting communities.

## **6. Third Sector Partner Updates**

### **6.1 NHS Forth Valley**

CM introduced herself to members of the forum as the Health Improvement Specialist within the Nutrition and Dietetics' Team. The Nutrition and Dietetics Team engage with local communities to support healthier food choices, provide communities with nutrition knowledge, cooking skills, provide access to nutrition resources, food activity grants and accredited training around food and nutrition.

CM began to speak about REHIS (The Royal Environmental Health Institute of Scotland) training which is a course that aims to raise awareness around food health safety, food and health and deliver elementary cooking skills. CM delivers training to organisations that are then able to deliver training themselves.

CM noted that the Health Improvement Team also have small grants available to support local food activities and initiatives across Forth Valley. These grants range from £50 for short term pieces of work and up to £400 for larger projects.

Action: SM to share information about grants to forum members through the mailing list.

CM also provides Mini Steps training for organisations who are working with vulnerable groups. Mini Steps training aims to increase staff confidence in delivering basic food messages. It was developed to help support people with mental health issues and addiction to encourage regular eating patterns.

CM also informed forum members that the Health Improvement Resource Library (HIRS) is available online. Organisations and individuals are able to register online to access a range of resources such as leaflets, games, DVD's which are available across various topics; sexual health and oral health.

### **6.2 Samaritans**

Samaritans have a new group of volunteers who are awaiting training.

### **6.3 Central Carers**

CC informed forum members the Carers forum is on Wednesday 21<sup>st</sup> August 11am-1pm at Falkirk Trinity Church FK1 1JN, the forum is open to unpaid carers and also professionals if they have any updates or services for carers or

work with carers then they are welcome to attend. The Carers forum is a quarterly forum and will meet again in November.

CC went on to give a brief summary of the forums agenda items which included a Digital Campaign from NHS 24 and an opportunity to influence and discuss the Section 28 Fund which involves hospital discharge involving carers. Carers will have the opportunity to discuss this and share their experiences being involved in hospital discharge with a cared for person.

CC informed forum members Central Carers work with young carers aged 8-18 for their Young Carers project and for their Young Adult Carers project, carers aged 18-25.

#### **6.4 Action on Hearing Loss Scotland**

HD began to speak about Action on Hearing Loss Scotland's, Hear to Inform and Connect project, funded by the National Lottery this project is aimed at people aged 50 and over.

The aim of the project is to ensure older people feel better informed about their hearing loss, better connected to their family and friends, and supported to address and manage their hearing loss.

As part of the project, Action on Hearing Loss Scotland are providing Introduction to Deaf Awareness sessions and information on how assistive technology can support you to support people who suffer from hearing loss.

HD went on to speak about another project Hearing Forces which offers advice and support to veterans aged 65 or over, with hearing loss or tinnitus.

#### **6.5 FDAHM**

JT informed forum members he was new in post as Volunteer Co-ordinator with FDAHM. JT's role involves recruiting, providing support and ensuring volunteers receive the appropriate training to go onto provide support to people who use FDAHM's services.

JT began to speak about FDAHM's new Welcome Café Project, the idea behind this project is to get people chatting and, for some, creating everyday opportunities to reduce feelings of loneliness.

The Welcome Café Community provides a space for people in cafés and restaurants to strike up a conversation with someone they don't know.

Welcome Cafés offer the option to pop a simple 'Happy to Share' card on your table so that others can join you if they like.



Action: JKe to see if there is any funding available for Health and Safety Awareness training.

## **6.6 Cyrenians**

MF informed forum members Cyrenians are aiming to open their new social enterprise café at the end of September in Arnotdale House, Camelon, Fk1 5SQ.

## **6.7 Falkirk Foundation**

Ds informed forum members Falkirk Foundation currently have a programme running with Forth Valley College, which involves supporting 24 students with learning disabilities.

Ds went on to speak about the Cleaning Academy, which provides an opportunity for unemployed adults to gain work experience. DS noted they are currently looking for cleaning contracts.

DS noted Falkirk Foundation are currently working to design programmes to help combat mental health and social isolation in Falkirk.

## **6.8 Royal Voluntary Service**

MK informed forum members he is new in post as Service Manager with Royal Voluntary Service. MK's job role involves managing the development and delivery of services in the Forth Valley area.

MK informed forum members he is the Director of Active Stirling, Chairman of Club Sports Stirling, President of his Community Club and Chairman of Bannockburn rugby club.

MK noted he encourages clubs to link together to develop the community and that is what he aims to do with Royal Voluntary Service.

## **6.9 Central Advocacy Partners**

AR informed forum members she is new in post as an Independent Advocate with Central Advocacy Partners.

AR informed forum members Central Advocacy Partners support adults with learning disabilities, learning difficulties and autism.

AR spoke about Central Advocacy Partners current project which is for people with learning difficulties subject to domestic abuse.

AR highlighted Central Advocacy Partners currently have no funding, other than project funding through the National Lottery. AR noted the organisation often faces challenges.

## **7. Three Key Messages**

SM explained the concept of three key messages to members of the forum.

## **8. AOCB**

None

### **8.1 Employability Tender Framework**

JK informed forum members about the employability tender framework providing an opportunity to sign up to the approved providers list which Falkirk Council will use and when they need small bits of support in specific areas.

#### **Date of Next meeting**

The date of the next Community Care and Health Meeting will take place Tuesday 20<sup>th</sup> August 2019, 10am – 12pm at Falkirk Fire Station.

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