



# VOLUNTEERS' WEEK

## 1ST—7TH JUNE 2005

Volunteers' Week is all about celebrating volunteers and the contribution they make to their communities, rewarding those who already give their time and also recruiting new volunteers.

Volunteers' Week is for all kinds of volunteer involving organisations to promote what their organisation does and highlight the volunteering opportunities they have to offer.

Volunteers' Week can also be used to involve local businesses and public sector agencies – large or small to encourage their employees to participate in some way. Suggestions for activities include, but are not limited to, environmental clean up challenges, fundraising events and simply donating time/skills to a voluntary or community group in your area.

The great thing about Volunteers' Week is that everyone can take part: young, old, employed, unemployed, students, individually or, as a group. Why not invite your local MSP to assist in your charity shop or get the local football team to help with training at the local primary school? There are dozens of different ways to involve local people in the week, if you are short on ideas there is information on Volunteer Development Scotland's website [www.vds.org.uk/volunteersweek/](http://www.vds.org.uk/volunteersweek/) or please do not hesitate to contact us here at the Volunteer Centre: Tel: 01324 692000, or e-mail: [volunteer@volunteerfalkirk.org.uk](mailto:volunteer@volunteerfalkirk.org.uk)

Details of some of the Volunteers' Week events to be held in Falkirk & District start at the bottom of this page and continue overleaf. If you're planning any events then please get in touch and we'll include details in our e-bulletins in the run up to Volunteers' Week.

## Volunteer Awards Ceremony

We are holding our 3rd Annual Volunteer Awards Ceremony on Saturday 11th June at Grangemouth Town Hall.

The Awards are for volunteers, to recognise the valuable contribution they make to the organisations and their community. The Awards are also for the organisations who engage volunteers themselves for making effective use of volunteer time to benefit their service users.

There are three main categories of awards: Volunteer of the Year, Young Volunteer of the Year and Organisation of the Year. We will also be celebrating long service with medals awarded for 5, 10 and 20 years of service.

For the event to be a success, and to build on the previous two events which were well attended and received, we need nominations from the people that matter - you! Nomination details can be found on page 2.

## Funding Update

The Gathering (the Scottish national voluntary sector fair, held earlier this year at the SECC) had a session held by funders keen to see more applications from Scottish voluntary organisations.

One of our development officers went along and took notes - details of funders who presented on the day can be found on page 4.

## Volunteers Week - 1<sup>ST</sup> – 7<sup>TH</sup> June 2005



Volunteers Week is about celebrating volunteers and their activities and is for all kinds of organisations - large or small, public, private or voluntary. Here are a few ideas of things you could do to join in the celebrations:

- ☺ Have an open day to invite the public to come and see what you do;
- ☺ Team up with similar organisations to run events/promote your activities;
- ☺ Give them a break! Take your volunteers out for the day;
- ☺ Hold a fete or a barbeque (it is June after all);
- ☺ Keep it simple and fun - just have a party;
- ☺ Host a stall in your local high street or market, promoting your organisation and your volunteer opportunities.

Further suggestions can be found at [www.vds.org.uk/volunteersweek](http://www.vds.org.uk/volunteersweek) or [www.volunteersweek.org.uk](http://www.volunteersweek.org.uk)  
For help and information on organising activities please contact Brian Black (contact details on articles below).



### Volunteer Awards Ceremony - Your ceremony needs YOU!

**Saturday 11th June 2005, Grangemouth Town Hall**

#### Organisations

We need nominations from voluntary or community groups, large or small. To make the event a success we need your help. Think about the people who volunteer for you and consider nominating them for one of the awards given out on the day.

#### Volunteers

We also need volunteers to nominate organisations they work with where they have enjoyed a good volunteering experience.

#### The Nomination Form

You should find a nomination form inside this newsletter, if not you'll find one on the front page of our website: [www.volunteerfalkirk.org.uk](http://www.volunteerfalkirk.org.uk) or contact us: 01324 692000.

Nominations to be submitted by: **Friday 6th May 2005**

### Volunteer Street Fair

The fair will be held in Falkirk town centre on Saturday 18<sup>th</sup> June. This is a chance for organisations to promote their work to the public and recruit volunteers. Please contact Brian (details below) to book your place and recruit potential volunteers from the many thousands of people visiting the High Street on its busiest day of the week.

We'll organise and construct the stalls - you just need to turn up and promote your organisation! We can even assist with the production of promotional items and will heavily publicise the event, particularly during Volunteers' Week. For more information contact Brian Black, Volunteering Development Officer:

Tel: 01324 692009

E-Mail: [brian@volunteerfalkirk.org.uk](mailto:brian@volunteerfalkirk.org.uk)



*Last year's successful Volunteer Street Fair, High Street, Falkirk*

### Volunteers' Week - Your Ideas...

We'd love to hear from organisations or volunteers who have ideas for events we could organise or help with during Volunteers' Week. The Week is a great opportunity for us to promote and build on the excellent work volunteers do for our organisations and local communities. Our comprehensive research of last year tells us that over **15,000 hours** are contributed every **week** by volunteers in the Falkirk area within voluntary and community groups. Contact Brian Black, Volunteering Development Officer on 01324 692009 or [brian@volunteerfalkirk.org.uk](mailto:brian@volunteerfalkirk.org.uk) with your ideas.

## Volunteer Recruitment Seminar

Wednesday 1st June

Also as part of Volunteer Week we have arranged a Volunteer Recruitment seminar on Wednesday 1st June, 13:30-16:00 in the Court Room of the Old Sheriff Court. This is open to all staff involved in recruiting or supporting volunteers.



As the Volunteer Centre our aim is to try and improve the service we provide to voluntary organisations and volunteers. Your suggestions for items to be included on the agenda would be very welcome. Please contact Brian on 01324 692009 or [brian@volunteerfalkirk.org.uk](mailto:brian@volunteerfalkirk.org.uk)

## Volunteer Opportunities

A significant part of the role of a Volunteer Centre is providing the public with up-to-date information about local and national volunteering opportunities. At present we are working hard to provide an up-to-date, interactive online database of opportunities. This will be ready for 1st May 2005.

For this to be a success, and to better serve the public (our potential volunteers!) we need the support and cooperation of local voluntary organisations. There are many benefits to using a database of this nature and we would encourage organisations that have opportunities for volunteers to contact us and register them with us. Local and national advertising campaigns will be promoting the online opportunities database and we want as many local organisations to benefit as possible. Opportunity registration forms are available online at [www.cvsfalkirk.org.uk](http://www.cvsfalkirk.org.uk). We will keep you apprised of progress on this exciting development.

### Voluntary Work Sought! Could You Use These Skills?

The following is a brief selection of volunteers looking for organisations that could benefit from their help. Please contact Brian Black for more information: 01324 692009, [brian@volunteerfalkirk.org.uk](mailto:brian@volunteerfalkirk.org.uk)

- ▶ A qualified information analyst particularly interested in tutoring or supporting learners. Extensive experience of training, particularly on computers. Has a full driving licence and own transport. Flexible availability.
- ▶ Experience with teaching and languages. Looking for a career change and keen to work with young people. Educated to degree level, full driving licence and own transport. Available evenings and possibly weekends.
- ▶ Part-qualified accountant with extensive office experience. Excellent organisational skills and keen to find something challenging. Prefers to be office based, full driving licence and own transport. Available evenings and possibly weekends.
- ▶ Good listening and communicational skills. Interested in befriending, mentoring or working with individuals who have sensory impairment. Shift worker so can be flexible over times required.
- ▶ Design, computer and supervisory skills. Looking to do something worthwhile in the local community. Full driving licence and own transport. Flexible availability.
- ▶ Final year Occupational Therapist particularly interested in working with young children. Full driving licence and own transport. Flexible availability.

*Brian Black, Volunteering Development Officer,  
Volunteer Centre Falkirk at The Gathering 2005.*



### Awards in Volunteering Management

Volunteer Development Scotland (VDS) are now recruiting students for the Award in Volunteering Management.

More information can be obtained from:  
Hazel McAlpine, Training and Events Co-Ordinator at  
VDS: 01786 479593, or, [hazel.mcalpine@vds.org.uk](mailto:hazel.mcalpine@vds.org.uk)

### Young Mentors

Careers Scotland have recently started a Peer Mentoring Project to provide extra support for 16-25 year olds facing barriers in making progress into college, training or employment. They are looking to recruit young mentors (16-25) to provide peer support. For more information contact Margo Campbell: 01786 452140 or [margo.campbell@careers-scotland.org.uk](mailto:margo.campbell@careers-scotland.org.uk).

## Funding Opportunities - Show Me the Money!

The Gathering, Scotland's voluntary sector fair, included a seminar on funding opportunities for voluntary organisations and community groups. Brief details of each funder are given below.

For more information on these, or for any other funding enquiry including Finder Funder database searches contact Gordon Kay on 01324 692018 or at [gordon@cvsfalkirk.org.uk](mailto:gordon@cvsfalkirk.org.uk)

Source of Funding	Funding Area	Criteria and Further Information
INCREASE	Community recycling	New groups, grants of £5,000-£30,000+
Communities Scotland	Community regeneration	3 funds depending on group size (see <a href="http://www.fbs.communitiesscotland.gov.uk">www.fbs.communitiesscotland.gov.uk</a> )
Loan Finance	Any	Inability to borrow from banks etc.
Health Board	Health	Allocations linked to service provision, not grants.
Scottish Communities Foundation	Women, sport, any	Up to £5000, raises money from companies and individuals.
Big Lottery Fund	Sport, young people, any	4 programmes, see <a href="http://www.biglotteryfund.org.uk">www.biglotteryfund.org.uk</a> for details.
Charity Bank	Loans	For charities and social firms, £5,000 –£350,000.
Scottish Arts Council	Arts	A budget of £74m for arts organisations.
Give As You Earn	Payroll	Company schemes, often matching employee contributions. <a href="http://www.giveasyouearn.org">www.giveasyouearn.org</a>
Heritage Lottery Fund	Heritage	Visit <a href="http://www.hlf.org.uk">www.hlf.org.uk</a>
Public Sector Procurement	Any	Visit <a href="http://www.supplyinggovernment.gov.uk">www.supplyinggovernment.gov.uk</a>
BBC Children In Need	Children	A4 sheet on past, present, future of organisation.

## Strengthening the Social Economy Events: How to Win Contracts



Through the mainstreaming programme of EQUAL Strengthening the Social Economy, Forth Sector will be providing a series of training courses on How to Win Contracts across Scotland complimenting the recently published Tendering for Public Sector Contracts: a Practical Guide for Social Economy Organisations in Scotland.

This course is focused on supporting organisations to take the first steps in tendering for public service delivery. To register your interest in taking part in the training course contact Stephanie Wilson at Forth Sector at [Stephanie.wilson@forthsector.org.uk](mailto:Stephanie.wilson@forthsector.org.uk)  
Date/Time/Venue : Tuesday 10<sup>th</sup> May 2005 10:30am, Scottish Enterprise Forth Valley, Laurel House, Laurelhill Business Park , Stirling FK7 9JQ.

## Funding Newsletter

Falkirk Council's funding newsletter, Funding at Falkirk, can be found at [www.falkirk.gov.uk](http://www.falkirk.gov.uk) For a printed copy please call Falkirk Council on 506017/506062.

## Free Training on Part 3 (Access to Goods and Services) of the Disability Discrimination Act (DDA)

The Disability Rights Commission (DRC) plan to provide free training sessions on Part 3 of the Disability Discrimination Act (DDA) for organisations with an advice giving role. Part 3 of the Act makes it unlawful for service providers to discriminate against disabled people. In addition, since 1<sup>st</sup> October 2004 service providers – from the largest public sector organisation to the smallest corner shop – must consider making changes in their premises in order to make them accessible.

The training sessions are intended to support staff in their advice giving role and enable them to identify cases of disability discrimination. The training sessions will last 3 hours and cover the following;

- Who is covered as a disabled person under the DDA
- Part 3 – recognising discrimination
- Workshops – case studies
- How to resolve cases and support available from the DRC

The DRC plan to run the training sessions in Edinburgh, Glasgow and Inverness and possibly Forth Valley (if there is sufficient interest locally) in April or May 2005. The DRC can pay travel expenses. For further information contact the DRC on 0131 527 4000.

### Falkirk Women's Technology Centre (FWTC) Short Course

At this time of year FWTC begins their recruitment campaign for their short course. This year they are offering a work placement as part of the course to help women make the transition into employment.

The course runs for 8 weeks from 18<sup>th</sup> April to 9<sup>th</sup> June, 4 mornings per week (9:30am – 1:30pm).

It will include basic computer skills, job search skills and a work placement. Students will be offered an individual training plan and a qualification to suit their skills and abilities. FWTC can help with care costs and travel costs are paid. For more information contact Barbara Burns, Course Manager, on 01324 471000 or at mail@fwtc.org.uk

### Open Secret Training Programme 2005

Open Secret have announced their training programme for 2005 including courses in Working with Attachment and Loss, Working with Self-Harm and Suicide and Traumatization. For further details contact Traci Kirkland, Administrator on 01324 679051 or email: info@opensecret.org

**NOTE:**  
For details about Open Secret's Fundraising Ceilidh see the back page of this newsletter.

### Aberlour - Core Skills For Parenting

The National Parenting Development Project has developed a 'core skills' programme of training related work with parents of children and young people who are at risk, involved in offending behaviour, or experiencing a range of difficulties. The training is designed to provide the underpinning knowledge for workers embarking on work with parents. It is an introductory course.

The course is for:

- Those who wish to gain knowledge of, or reflect on, the basic theoretical information and skills used in undertaking parenting work;
- A range of professionals who are about to embark on parenting work;
- Those involved in working with parents of children aged 6-16.

Please note that the course provides the basic theoretical and skills based knowledge for starting parenting work. It does not address issues of managing behaviour or specific aspects of day to day parenting except in anecdotal form throughout the course. This information is readily available in individual parenting programmes, about which the project can give you information - in the form of a critique. The critique outlines parenting programmes available and provides information on how to access them.

The agreed module to date is Groupwork with Parents – Tuesday 26<sup>th</sup> April 2005

Modules are facilitated by Camelon Community Project from 10am – 4pm (lunch included). For further information and enrolment contact Anne Stewart, Parents Initiative Coordinator, on 01324 503810.





### Crèche Matters!

Crèche Matters! (formerly Playpen) are a registered charity based at Park Street Community Education Centre and have been operating since 1994. Crèche Matters! has developed and grown to meet the challenges of childcare regulations and keeping up to date with childcare and crèche service demands locally. Services include mobile crèche; respite crèche sessions, student support childcare, shopper's crèche and Falkirk Council Advice Agencies drop-in crèche provision.

An executive committee of voluntary members manages the organisation and employs 3 staff members and approx. 30 sessional workers. All childcare workers are either qualified in childcare or education, or, have years of childcare experience. The service is registered with the Care Commission and part-funded by Falkirk Council's Education Services. They are also associate members of SPPA (Scottish Pre-School Play Association). For more information contact Crèche Matters! on 01324 639896.



*Pictured here are Chairperson Janice Brown and Vice Chairperson Morag Holmes, along with staff members who attended the staff development day held at Callendar House.*

### The Seagull Trust

The Seagull Trust provides canal cruises for people with disabilities, their carers and relatives. Working in Scotland for 26 years, 2004 was another good season with 12,000 plus passengers enjoying cruises during the year. The Trust has the biggest fleet of charity boats in Britain.

It operates 7 boats, 2 at Falkirk (day trips and holiday hire). Over half of its trips are around the Falkirk Wheel. The Falkirk tunnel is always very popular, particularly now that passengers can enjoy a floodlit journey. The Trust has no paid employees but relies on the hard work of up to 400 volunteers to provide its extensive services. Following the retirement of Brigadier Frank Coutts, the Seagull Trust is now looking for a new volunteer Head of Fundraising. If this is of interest, please contact the Chairman, Dr Jamie Sime, on 01324 623570. For more information visit [www.seagulltrust.org.uk](http://www.seagulltrust.org.uk)



*From left to right: Freya, Gypsy Princess, Pride of Belhaven, Victoria and Govan Seagull, at the opening of the Falkirk Wheel.*

### 3Bs Association

Environmental improvement isn't just about planting trees. It can be about developing urban areas, meeting the community's needs and minimising impact on the environment. The new sports park at Bells Meadow (*pictured, below right*) in Falkirk is a prime example of how to achieve this.

The 3Bs park (bikes, boards and blades) is one of the most exciting community led improvement projects in Falkirk in recent years. Young skateboarding, BMXing and rollerblading enthusiasts have spent over 4 years designing and fundraising for this multi-use park. This community project stands out because it is urban and has been strongly led by young people.

With help from some adults, the 3Bs Association raised a total of £155,000 from a range of public, private and voluntary sources in order to develop this unique and worthwhile facility. For more information on the park and the Association, contact Kate Hotchkiss on 01324 501976.



## Community Voices Network



Scottish Council for Voluntary Organisations (SCVO) is developing a Community Voices Network. This network allows local people to have their views heard and to learn from each other in relation to what works in community regeneration. It gives active members of a community, working on a voluntary basis, the opportunity to:

- ◆ Influence and find out more about national policies & initiatives
- ◆ Share experiences on the impact of national policies & initiatives
- ◆ Discuss issues that affect your local community
- ◆ Showcase local projects and share lessons learned on 'what works'
- ◆ Meet new people who are facing similar issues in their locality & talk about solutions
- ◆ Meet new people from the same locality & explore the possibilities of working jointly on issues
- ◆ Learn some new skills

If you are a volunteer and would like more information please contact Nicola Wilson on 0141 225 8028.

### Working with Children in Scotland

Scotland's child protection legislation, which creates a list of people unsuitable to work with children, paid or voluntary, came into force on Monday 10th January. Disqualified people will be committing an offence if they apply for work or continue to work with children. From **11th April**, organisations **have to** can check whether people they are considering appointing to a child care position are on the list. You'll find the government press release at [www.scotland.gov.uk/News/Releases/2005/01/07163315](http://www.scotland.gov.uk/News/Releases/2005/01/07163315), or go to the Child Protection web page at [www.scotland.gov.uk/about/ED/CnF/00017834/childprotection.aspx](http://www.scotland.gov.uk/about/ED/CnF/00017834/childprotection.aspx)

### Mental Health (Care & Treatment) (Scotland) Act 2003

NHS Education for Scotland launched a new website to help you understand the Mental Health (Care and Treatment) (Scotland) Act 2003 Act. The site offers a user-friendly resource for frontline staff to prepare for the act, which comes into force April 2005.

The site is designed to reflect four main areas in the Act: principles, roles and responsibilities; safeguards and rights of review and appeal; compulsory powers and people with mental disorder within the criminal justice system.

Registration is easy and free, select a unit and work through at your own pace and it is also suitable to use for inter-agency training. Visit [www.nes.scot.nhs.uk/mha/](http://www.nes.scot.nhs.uk/mha/)

### Carers Reference Group

A Carers Reference Group has been set up to help carers influence the change and development of mental health services in the Falkirk area.

The group is informal and friendly and allows carers to discuss issues with others so that common themes and views can be fed back to the 'Falkirk Mental Health Framework Implementation Group'.

Reference Group meetings are held on the second Monday of each month from 7pm – 9pm, usually at the Victoria Centre, 102 Thornhill Road, Falkirk. All carers are welcome.

Comments, questions and more information can be obtained from Stuart Shaw, telephone 07981156154.

### See Me – The Problems of Stigma

**see me**... LET'S STOP THE STIGMA OF MENTAL ILL HEALTH

See Me is an organisation whose aim is to get young people to think about how they behave towards people of their own age with mental health problems and to make them aware of the hurt and harm which stigma causes. Recent surveys have found that young people are ill-informed about mental health problems (visit [www.seemescotland.org](http://www.seemescotland.org) for more information).

See Me aims to raise awareness and improve attitudes among young people. As a result a national campaign has been launched including television advertising and press work, together with posters and leaflets. The hope is that voluntary sector groups will follow the campaign's approach and involve young people in decisions about effective use of materials and promotion of the campaign locally.

The See Me website also includes a special site – [www.justlikeme.org.uk](http://www.justlikeme.org.uk) – designed to provide young people with information, ideas and tips for local action. All materials are free of charge and can be ordered via the website.

## Calendar of Events

We would be pleased to list your events, whether they are for groups, staff and/or volunteers in the sector or for members of the public. Should you wish your event to be included, please contact Gordon (*contact details are listed below*).

## E-Mail Bulletin

Receive more frequent and timely bulletins by signing up to our successful E-Bulletin service.

We'll keep you informed about local and relevant events and news affecting the sector via e-mail. Send an e-mail to: [ebulletin@cvsfalkirk.org.uk](mailto:ebulletin@cvsfalkirk.org.uk)

<b>26 April 2005</b> Tuesday	<b>Groupwork With Parents</b> Camelon Education Centre	Part of Aberlour Child Care Trust's Core Skills programme for effective parenting. For further information contact Anne Stewart on 01324 503810.
<b>10 May 2005</b> Tuesday	<b>Social Economy : How to Win Contracts</b> Scottish Enterprise Forth Valley Laurelhill Business Park, Stirling	A training course designed for organisations hoping to tender for public service delivery contracts. Further details can be obtained from Stephanie Wilson at <a href="mailto:Stephanie.wilson@forthsector.org.uk">Stephanie.wilson@forthsector.org.uk</a>
<b>01 June 2005</b> Wednesday	<b>Volunteer Recruitment Seminar</b> Old Sheriff Court, Falkirk	As part of Volunteers' Week a chance for all staff involved in the recruitment and support of volunteers to meet and discuss areas of mutual interest.
<b>03 June 2005</b> Friday	<b>Open Secret Ceilidh</b> The Cladhan Hotel, Falkirk	Open Secret's latest fundraising event which includes a 3-course dinner for £20 per person. For tickets contact Traci Kirkland on 01324 630100. In addition they are collecting donations of prizes for a raffle.
<b>11 June 2005</b> Saturday	<b>Volunteer Awards Ceremony</b> Grangemouth Town Hall	An opportunity to recognise and reward individuals and organisations for their contribution to the local community through volunteering. Remember nomination forms must be returned no later than Friday 6th May 2005.

## Let's Do The Show!

BBC Radio Scotland is looking for voluntary and community groups to help in the fourth series of its fundraising programme 'Let's Do The Show Right Here'. They want to hear from community groups who want to stage some kind of fundraising variety show at a local hall. The BBC would help out by way of bringing presenter, Bryan Burnett, along with another celebrity act who they'll book especially for their evening. For more information contact 0141 338 3475, email at [righthere@bbc.co.uk](mailto:righthere@bbc.co.uk)

## Vacancy

CVS Falkirk and District have a vacancy for a full-time community care and health development officer.

Information and an application form are on our website: [www.cvsfalkirk.org.uk](http://www.cvsfalkirk.org.uk)  
Closing date: **15 April 2005**

## CVS Contact Details

Old Sheriff Court, Hope Street, Falkirk, FK1 5AT  
Travel and parking information : [www.cvsfalkirk.org.uk](http://www.cvsfalkirk.org.uk)

Tel: 01324 692000 Fax: 01324 692001  
E-mail: [info@cvsfalkirk.org.uk](mailto:info@cvsfalkirk.org.uk)

Newsletter feedback, content, suggestions etc.:  
Phone, or e-mail: [newsletter@cvsfalkirk.org.uk](mailto:newsletter@cvsfalkirk.org.uk)

For **newsletter, funding and database information:**  
*Gordon Kay, Data Development Officer*  
01324 692018 [gordon@cvsfalkirk.org.uk](mailto:gordon@cvsfalkirk.org.uk)

For **volunteering** issues:  
*Brian Black, Volunteering Development Officer*  
01324 692009 [brian@cvsfalkirk.org.uk](mailto:brian@cvsfalkirk.org.uk)

For **conference/meeting room hire:**  
*Marion Calder, Senior Administrator*  
01324 692007 [marion@cvsfalkirk.org.uk](mailto:marion@cvsfalkirk.org.uk)